Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
1	8KM Speed Run - Female Aged 16-19	2001	Yau Cheuk Yin	邱焯然	0:37:26	0:37:26	
2	8KM Speed Run - Female Aged 16-19	2006	Law Yi Lam	羅倚霖	0:44:49	0:43:56	
3	8KM Speed Run - Female Aged 16-19	2009	Chui Lok Yee	崔樂儀	0:45:37	0:45:14	
4	8KM Speed Run - Female Aged 16-19	2002	Lam Keon	林卓珈	0:48:35	0:48:00	
5	8KM Speed Run - Female Aged 16-19	2005	Wong Tsan Mei	黃贊微	0:54:46	0:53:30	
6	8KM Speed Run - Female Aged 16-19	2008	Ngan Choi Wai	顏綵慧	1:02:50	1:02:20	
1	8KM Speed Run - Female Aged 20-29	2100	Chan Ho Tsun		0:33:47	0:33:47	
2	8KM Speed Run - Female Aged 20-29	2021	Tso Stephanie		0:34:42	0:34:41	
3	8KM Speed Run - Female Aged 20-29	2090	Ma Hiu Ying	馬曉瑩	0:35:32	0:35:31	
4	8KM Speed Run - Female Aged 20-29	2069	Jen Yan Tung	鄭欣彤	0:36:50	0:36:50	
6	8KM Speed Run - Female Aged 20-29	2101	Chan Ching Man		0:41:20	0:40:53	
7	8KM Speed Run - Female Aged 20-29	2040	Wong Yuchit		0:41:24	0:40:21	
8	8KM Speed Run - Female Aged 20-29	2073	Chan Wan Yee	陳韻而	0:43:58	0:42:10	
9	8KM Speed Run - Female Aged 20-29	2017	Yung Long Kwan	容朗筠	0:44:12	0:43:25	
10	8KM Speed Run - Female Aged 20-29	2045	Chick Wing Kiu	戚穎翹	0:46:09	0:45:52	
11	8KM Speed Run - Female Aged 20-29	2030	Leung Arisa	梁皓珊	0:46:16	0:45:38	
12	8KM Speed Run - Female Aged 20-29	2035	Lee Wing Ki		0:46:32	0:45:17	
13	8KM Speed Run - Female Aged 20-29	2112	Chak Siu Kan	翟肇勤	0:46:34	0:45:53	
14	8KM Speed Run - Female Aged 20-29	2047	Cheung Pui Yu	張珮茹	0:47:41	0:46:59	
15	8KM Speed Run - Female Aged 20-29	2022	Hung Tsz Ching	熊紫晴	0:47:50	0:47:37	
16	8KM Speed Run - Female Aged 20-29	2098	Chan Pak Chee		0:48:25	0:48:25	
17	8KM Speed Run - Female Aged 20-29	2081	Yu Cheuk Yan Jasmjne		0:49:24	0:49:14	
18	8KM Speed Run - Female Aged 20-29	2057	Chen Shut	陳述	0:49:31	0:48:39	
19	8KM Speed Run - Female Aged 20-29	2019	Yip Wai Yan		0:49:40	0:49:00	
20	8KM Speed Run - Female Aged 20-29	2115	Chan Onting		0:50:30	0:49:51	
21	8KM Speed Run - Female Aged 20-29	2096	Ho Pui Ka		0:50:53	0:49:30	
22	8KM Speed Run - Female Aged 20-29	2083	Leung Hiu Ki	梁曉淇	0:52:13	0:52:09	
23	8KM Speed Run - Female Aged 20-29	2072	Chung Ka Jing Emily	鄭嘉靜	0:52:49	0:51:17	
24	8KM Speed Run - Female Aged 20-29	2070	Tsang Yuet Yi	曾月怡	0:53:09	0:51:25	
25	8KM Speed Run - Female Aged 20-29	2068	Ma Chui Mei	馬翠薇	0:53:18	0:51:37	
26	8KM Speed Run - Female Aged 20-29	2052	Wong Wing Ki		0:53:19	0:51:54	
27	8KM Speed Run - Female Aged 20-29	2046	Szeto Chui Yi	司徒翠怡	0:53:44	0:53:01	
28	8KM Speed Run - Female Aged 20-29	2087	Hui Jing Yi	許婧怡	0:54:15	0:52:35	
29	8KM Speed Run - Female Aged 20-29	2011	Li Wing Yee		0:54:25	0:53:34	
	, , , , , ,						

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
30	8KM Speed Run - Female Aged 20-29	2077	Ilagan Zuriel Tagle		0:56:45	0:55:40	
31	8KM Speed Run - Female Aged 20-29	2032	Chung Ching		0:57:29	0:57:06	
32	8KM Speed Run - Female Aged 20-29	2116	Yeung Tsz Wai	楊芷慧	0:57:38	0:57:30	
33	8KM Speed Run - Female Aged 20-29	2031	Ng Hoi Yiu		0:58:28	0:57:50	
34	8KM Speed Run - Female Aged 20-29	2064	Yeung Sheung Yung	楊尚蓉	0:58:56	0:58:24	
35	8KM Speed Run - Female Aged 20-29	2079	Lee Jing Yi	李靜儀	0:59:50	0:59:16	
36	8KM Speed Run - Female Aged 20-29	2085	Chan Tsz Kwan		1:00:25	1:00:06	
37	8KM Speed Run - Female Aged 20-29	2024	Kwok Hei Tung Chloe	郭晞潼	1:00:36	0:59:29	
38	8KM Speed Run - Female Aged 20-29	2055	Tsoi Hiu Shan		1:01:05	1:00:47	
39	8KM Speed Run - Female Aged 20-29	2026	Gutierrez Mary Joys Racelis		1:01:18	1:00:24	
40	8KM Speed Run - Female Aged 20-29	2089	Wong Yi Wa	黃綺華	1:01:38	1:01:20	
41	8KM Speed Run - Female Aged 20-29	2051	Chan Ingrid		1:02:32	1:00:51	
42	8KM Speed Run - Female Aged 20-29	2113	Yeung Ching Yee	楊靖儀	1:02:53	1:01:40	
43	8KM Speed Run - Female Aged 20-29	2099	Lau Ka Wan		1:03:15	1:01:19	
44	8KM Speed Run - Female Aged 20-29	2076	Justin Jade Rozanne		1:03:43	1:02:37	
45	8KM Speed Run - Female Aged 20-29	2060	Wong Christy Chung Ting	黃頌婷	1:03:54	1:00:42	
46	8KM Speed Run - Female Aged 20-29	2033	Ng Sum Yee Clarice	伍芯誼	1:04:02	1:03:38	
47	8KM Speed Run - Female Aged 20-29	2053	Shing Yuet		1:05:26	1:04:00	
48	8KM Speed Run - Female Aged 20-29	2065	Lee Yee Man		1:06:05	1:05:15	
49	8KM Speed Run - Female Aged 20-29	2084	Lee Shuk Hing	李淑卿	1:06:23	1:04:45	
50	8KM Speed Run - Female Aged 20-29	2106	Cheung Wing Ki	張詠琪	1:06:29	1:04:56	
51	8KM Speed Run - Female Aged 20-29	2039	Ho Wing Yi		1:06:40	1:04:52	
52	8KM Speed Run - Female Aged 20-29	2036	Chiu Nga Yi		1:07:08	1:05:26	
53	8KM Speed Run - Female Aged 20-29	2012	Wong Siu Fan	黃筱棻	1:09:48	1:08:56	
54	8KM Speed Run - Female Aged 20-29	2044	Li Yin Kei	李嬿琪	1:09:53	1:08:36	
55	8KM Speed Run - Female Aged 20-29	2067	Cheung Ka Sing		1:10:35	1:08:54	
56	8KM Speed Run - Female Aged 20-29	2080	Wong Tsz Ching	黃梓晴	1:11:25	1:09:40	
57	8KM Speed Run - Female Aged 20-29	2056	Ho Lok Wun	何樂媛	1:13:03	1:12:13	
58	8KM Speed Run - Female Aged 20-29	2054	Cheung Tina		1:13:18	1:11:53	
59	8KM Speed Run - Female Aged 20-29	2015	Cheng Cho Yuet	鄭楚月	1:14:29	1:13:08	
60	8KM Speed Run - Female Aged 20-29	2016	Wong Nga Man		1:18:32	1:14:04	
61	8KM Speed Run - Female Aged 20-29	2110	Nayoan Alicia Pricillia		1:18:51	1:18:15	
62	8KM Speed Run - Female Aged 20-29	2023	Chan Po Wa	陳寶華	1:19:30	1:18:46	
63	8KM Speed Run - Female Aged 20-29	2109	Wuin Sheryna De		1:23:24	1:22:48	

Category Position 64 65	Category 8KM Speed Run - Female Aged 20-29	Bib	Name	姓名	OfficialTime	ChipTime	Remark
		2029	Man Sze Lam	文思琳	1:24:48	1:24:25	
	8KM Speed Run - Female Aged 20-29	2103	Yim Yuk Ting		1:25:20	1:24:30	
DQ	8KM Speed Run - Female Aged 20-29	2050	Cheung Hoi Lam				Wrong Start
DQ	8KM Speed Run - Female Aged 20-29	2075	Ling Chen	凌晨			Wrong Start
DQ	8KM Speed Run - Female Aged 20-29	2013	Yam Wan Yan				
1	8KM Speed Run - Female Aged 30-39	2169	Wong Mei Yan		0:32:52	0:32:52	
2	8KM Speed Run - Female Aged 30-39	2290	Leung Lok Man Coco		0:34:17	0:34:14	
3	8KM Speed Run - Female Aged 30-39	2148	lu Wing Han		0:38:01	0:38:00	
4	8KM Speed Run - Female Aged 30-39	2207	Chan Tsz Kwan		0:40:01	0:39:51	
5	8KM Speed Run - Female Aged 30-39	2119	Chan Wing Ki		0:42:35	0:41:46	
6	8KM Speed Run - Female Aged 30-39	2151	Ng Tsz Ying		0:42:48	0:42:44	
7	8KM Speed Run - Female Aged 30-39	2191	Qi Yanqing	祁燕青	0:42:51	0:42:49	
8	8KM Speed Run - Female Aged 30-39	2199	Lau Kit		0:44:05	0:43:46	
9	8KM Speed Run - Female Aged 30-39	2268	Kwan Tsz Yan	關芷茵	0:45:13	0:43:49	
10	8KM Speed Run - Female Aged 30-39	2273	Wong Kwok Bo		0:45:23	0:45:22	
11	8KM Speed Run - Female Aged 30-39	2237	Lau Yuen Mei	劉婉媚	0:45:25	0:45:17	
12	8KM Speed Run - Female Aged 30-39	2202	Wong Chung Yuen		0:45:57	0:45:44	
13	8KM Speed Run - Female Aged 30-39	2196	Yeung Lai Shan	楊麗珊	0:46:06	0:46:02	
14	8KM Speed Run - Female Aged 30-39	2125	Siu Ling Chi		0:46:18	0:44:35	
15	8KM Speed Run - Female Aged 30-39	2200	Kwong See Man Samantha		0:46:24	0:45:02	
16	8KM Speed Run - Female Aged 30-39	2265	Chung Tik Sze	鍾廸施	0:46:37	0:45:45	
17	8KM Speed Run - Female Aged 30-39	2248	Mak Wing Yan	麥詠茵	0:46:51	0:46:25	
18	8KM Speed Run - Female Aged 30-39	2269	Chang Hoi Yi		0:47:10	0:45:46	
19	8KM Speed Run - Female Aged 30-39	2240	Lau Kit Shan	劉潔珊	0:48:06	0:47:57	
20	8KM Speed Run - Female Aged 30-39	2288	Lai Yan Lam	黎昕霖	0:48:21	0:48:10	
21	8KM Speed Run - Female Aged 30-39	2218	Lam Ho Lin		0:48:59	0:48:11	
22	8KM Speed Run - Female Aged 30-39	2219	Ho Wing Sum	何詠森	0:48:59	0:48:11	
23	8KM Speed Run - Female Aged 30-39	2195	Wong Wing Tung	黃穎彤	0:50:17	0:48:30	
24	8KM Speed Run - Female Aged 30-39	2242	So Ka He		0:50:31	0:50:27	
25	8KM Speed Run - Female Aged 30-39	2250	Yu Cheuk Yiu		0:50:56	0:50:30	
26	8KM Speed Run - Female Aged 30-39	2280	Lam Hang Yu		0:51:14	0:50:19	
27	8KM Speed Run - Female Aged 30-39	2292	Yip Sin Ting	葉倩婷	0:51:25	0:49:42	
28	8KM Speed Run - Female Aged 30-39	2254	Kung Emilee		0:51:54	0:50:50	
29	8KM Speed Run - Female Aged 30-39	2184	Fok Po Sim	霍寶嬋	0:52:00	0:51:17	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
30	8KM Speed Run - Female Aged 30-39	2253	Tang Janice		0:52:14	0:51:10	
31	8KM Speed Run - Female Aged 30-39	2256	Leung Cheuk Yiu Anthea	梁卓瑤	0:52:17	0:51:06	
32	8KM Speed Run - Female Aged 30-39	2163	Kwai Chung Ying	季宗瑛	0:52:17	0:51:06	
33	8KM Speed Run - Female Aged 30-39	2281	Ma Wan Chi		0:52:20	0:51:24	
34	8KM Speed Run - Female Aged 30-39	2266	Wong Hiu Ha	黃曉霞	0:52:21	0:51:55	
35	8KM Speed Run - Female Aged 30-39	2134	Chan Chi Yan	陳紫茵	0:52:28	0:52:10	
36	8KM Speed Run - Female Aged 30-39	2178	Cheung Szewan		0:54:31	0:53:34	
37	8KM Speed Run - Female Aged 30-39	2179	Li Carol	利嘉露	0:54:31	0:53:33	
38	8KM Speed Run - Female Aged 30-39	2117	Hui Man Ning	許文寧	0:54:37	0:52:45	
39	8KM Speed Run - Female Aged 30-39	2145	Ng Chi Yan Phoebe	吳梓甄	0:54:51	0:53:01	
40	8KM Speed Run - Female Aged 30-39	2143	Chan Shuk Man		0:56:14	0:55:50	
41	8KM Speed Run - Female Aged 30-39	2276	Chu Kiu Kwan		0:56:22	0:54:34	
42	8KM Speed Run - Female Aged 30-39	2621	Tang On Ki	鄧安琪	0:56:31	0:55:13	
43	8KM Speed Run - Female Aged 30-39	2220	Lee Yuen Man	李婉敏	0:56:50	0:56:36	
44	8KM Speed Run - Female Aged 30-39	2175	Man Tsz Tung	文子桐	0:56:55	0:55:29	
45	8KM Speed Run - Female Aged 30-39	2154	Lo Hoi Man		0:57:02	0:56:47	
46	8KM Speed Run - Female Aged 30-39	2294	Wong Wing Yu	黃詠榆	0:57:20	0:55:38	
47	8KM Speed Run - Female Aged 30-39	2226	Chan Pui Ting	陳佩婷	0:57:33	0:56:45	
48	8KM Speed Run - Female Aged 30-39	2126	Yip Pui Wah		0:57:37	0:55:54	
49	8KM Speed Run - Female Aged 30-39	2298	Shek Yan Sin	石欣蒨	0:57:38	0:57:30	
50	8KM Speed Run - Female Aged 30-39	2241	Tsui Wai Shan	徐慧珊	0:57:50	0:56:32	
51	8KM Speed Run - Female Aged 30-39	2147	Wong Man Fung	黃雯峰	0:58:16	0:57:34	
52	8KM Speed Run - Female Aged 30-39	2159	Wong Kit Mui	黃潔梅	0:59:15	0:58:15	
53	8KM Speed Run - Female Aged 30-39	2255	Kwok Ka Hei	郭嘉希	0:59:26	0:57:42	
54	8KM Speed Run - Female Aged 30-39	2262	Ng Ka Yi Jenny	吳嘉宜	0:59:33	0:57:47	
55	8KM Speed Run - Female Aged 30-39	2263	Wong Wing Chi	黃穎芝	0:59:37	0:58:15	
56	8KM Speed Run - Female Aged 30-39	2257	Chung Maz		1:00:29	0:59:37	
57	8KM Speed Run - Female Aged 30-39	2122	Chung Yuet Nog		1:01:06	0:59:49	
58	8KM Speed Run - Female Aged 30-39	2249	Fu Cheng Man Flora		1:01:12	1:00:09	
59	8KM Speed Run - Female Aged 30-39	2173	Chan Hiu Yin		1:01:30	1:00:47	
60	8KM Speed Run - Female Aged 30-39	2129	Chow Wai Shan	周慧珊	1:01:40	1:00:34	
61	8KM Speed Run - Female Aged 30-39	2206	Chan Yuk Kwan		1:01:41	1:00:38	
62	8KM Speed Run - Female Aged 30-39	2185	So Siu Yan		1:01:51	1:00:03	
63	8KM Speed Run - Female Aged 30-39	2264	So Lai Ki	蘇麗琪	1:02:06	1:00:45	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
64	8KM Speed Run - Female Aged 30-39	2137	Lee Wing Yan	李穎欣	1:02:08	1:00:25	
65	8KM Speed Run - Female Aged 30-39	2186	Lo Sin Yee	盧倩儀	1:02:35	1:00:46	
66	8KM Speed Run - Female Aged 30-39	2261	Wong Jane	黃靖雅	1:02:38	1:01:34	
67	8KM Speed Run - Female Aged 30-39	2285	Tsang Wai Yin April	曾惠賢	1:02:39	1:02:27	
68	8KM Speed Run - Female Aged 30-39	2150	Yau Ming Sze	邱明詩	1:03:06	1:02:41	
69	8KM Speed Run - Female Aged 30-39	2260	Fung Lok Wan		1:03:44	1:02:06	
70	8KM Speed Run - Female Aged 30-39	2234	Chan Yan Yee Emily		1:03:58	1:03:05	
71	8KM Speed Run - Female Aged 30-39	2157	Lam Cheuk Yiu	林卓瑤	1:04:16	1:03:44	
72	8KM Speed Run - Female Aged 30-39	2297	Yeung Wing See		1:04:40	1:03:34	
73	8KM Speed Run - Female Aged 30-39	2156	Lee Mee Yee	李美怡	1:04:52	1:04:06	
74	8KM Speed Run - Female Aged 30-39	2193	Lui Man Ki		1:04:58	1:03:35	
75	8KM Speed Run - Female Aged 30-39	2165	Ma Ka Man		1:04:58	1:03:35	
76	8KM Speed Run - Female Aged 30-39	2204	Cheng Ching Yi		1:05:19	1:04:16	
77	8KM Speed Run - Female Aged 30-39	2291	Tam Kit Ying		1:05:29	1:04:12	
78	8KM Speed Run - Female Aged 30-39	2144	Lok Wing In	駱穎姸	1:05:33	1:03:43	
79	8KM Speed Run - Female Aged 30-39	2170	Law Pui Sze		1:05:39	1:04:13	
80	8KM Speed Run - Female Aged 30-39	2121	Chung Yuet Sheung	鍾月嫦	1:06:34	1:05:16	
81	8KM Speed Run - Female Aged 30-39	2155	Pang Alice		1:07:17	1:06:07	
82	8KM Speed Run - Female Aged 30-39	2236	Tsang Wai Ka	曾慧嘉	1:07:25	1:05:50	
83	8KM Speed Run - Female Aged 30-39	2293	Yeung Lin Yingchi	楊穎芝	1:08:02	1:07:01	
84	8KM Speed Run - Female Aged 30-39	2152	Kwan Sin Yu	關倩瑜	1:08:05	1:07:19	
85	8KM Speed Run - Female Aged 30-39	2177	Tai Lai Wan	戴麗雲	1:08:05	1:07:35	
86	8KM Speed Run - Female Aged 30-39	2279	Wong Yuen Ting		1:08:21	1:07:03	
87	8KM Speed Run - Female Aged 30-39	2138	Yeung Wing Sze	楊詠思	1:08:34	1:07:08	
88	8KM Speed Run - Female Aged 30-39	2274	Kam Wing Yin		1:09:07	1:07:07	
89	8KM Speed Run - Female Aged 30-39	2182	Wong Wai Lam		1:09:09	1:08:15	
90	8KM Speed Run - Female Aged 30-39	2267	Lam Catherine		1:09:20	1:08:50	
91	8KM Speed Run - Female Aged 30-39	2228	Wong Man Sheung	黃文嫦	1:09:24	1:08:44	
92	8KM Speed Run - Female Aged 30-39	2223	Yuen Cho She	袁楚些	1:09:36	1:08:01	
93	8KM Speed Run - Female Aged 30-39	2244	Lo Kin Yin	盧鍵賢	1:09:45	1:09:24	
94	8KM Speed Run - Female Aged 30-39	2174	Tse Man Hing		1:09:58	1:08:25	
95	8KM Speed Run - Female Aged 30-39	2162	Chan Ka Yin		1:10:24	1:09:52	
96	8KM Speed Run - Female Aged 30-39	2258	Lau Ka Man Carmeni		1:10:36	1:09:45	
97	8KM Speed Run - Female Aged 30-39	2141	Shek Man Ching		1:10:38	1:09:59	
	Press 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2						

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
98	8KM Speed Run - Female Aged 30-39	2283	Liu Mei Yan		1:11:20	1:10:26	
99	8KM Speed Run - Female Aged 30-39	2238	Kwong Lai Sze	鄺麗詩	1:12:04	1:11:50	
100	8KM Speed Run - Female Aged 30-39	2149	Chow Ting Jocelyn		1:12:23	1:11:58	
101	8KM Speed Run - Female Aged 30-39	2166	Ng Lai Shan	伍麗珊	1:13:41	1:12:21	
102	8KM Speed Run - Female Aged 30-39	2168	Lau Sana	劉蕙妍	1:14:56	1:14:18	
103	8KM Speed Run - Female Aged 30-39	2213	Au Hiu Hung		1:14:58	1:14:08	
104	8KM Speed Run - Female Aged 30-39	2118	Tsui Sum Chi		1:16:41	1:15:03	
105	8KM Speed Run - Female Aged 30-39	2160	Wong Hoi Lam		1:17:27	1:16:23	
106	8KM Speed Run - Female Aged 30-39	2227	Leung Hay Ying Patti		1:17:44	1:17:05	
107	8KM Speed Run - Female Aged 30-39	2176	Ho Wing Sze		1:18:04	1:16:14	
108	8KM Speed Run - Female Aged 30-39	2161	Wong Mei Ling	黃美玲	1:19:57	1:18:53	
109	8KM Speed Run - Female Aged 30-39	2251	Mak Chui Ling		1:26:15	1:25:10	
1	8KM Speed Run - Female Aged 40-49	2471	Ng Man King		0:35:48	0:35:45	
2	8KM Speed Run - Female Aged 40-49	2450	Leung Ka Man	梁家敏	0:38:07	0:37:44	
3	8KM Speed Run - Female Aged 40-49	2325	Zhang Yan	張燕	0:39:33	0:39:33	
4	8KM Speed Run - Female Aged 40-49	2373	Xu Xiumei	徐秀媚	0:39:41	0:39:17	
5	8KM Speed Run - Female Aged 40-49	2461	Yuen Po Yee		0:40:17	0:40:16	
6	8KM Speed Run - Female Aged 40-49	2431	Tsui Lai Kwan	徐麗君	0:43:48	0:43:46	
7	8KM Speed Run - Female Aged 40-49	2414	Lo Si Wai Cynthia		0:43:52	0:43:48	
8	8KM Speed Run - Female Aged 40-49	2306	Ng Choi Long	伍在朗	0:44:18	0:44:15	
9	8KM Speed Run - Female Aged 40-49	2434	Lam Choi Yan Amy	林載欣	0:45:39	0:45:37	
10	8KM Speed Run - Female Aged 40-49	2375	Wong Shuk Fan	黃淑芬	0:45:45	0:44:58	
11	8KM Speed Run - Female Aged 40-49	2446	Tsang Mei Wa	曾美華	0:46:32	0:45:01	
12	8KM Speed Run - Female Aged 40-49	2628	Lam Oi Yan	林靄欣	0:46:37	0:45:48	
13	8KM Speed Run - Female Aged 40-49	2348	Lai Yat Wai		0:47:50	0:47:41	
14	8KM Speed Run - Female Aged 40-49	2391	Wong Yee Ki Angel	王綺琪	0:48:06	0:47:34	
15	8KM Speed Run - Female Aged 40-49	2428	Chan Pik Man		0:48:15	0:47:28	
16	8KM Speed Run - Female Aged 40-49	2317	Chow Kit Yi Cathy	周潔兒	0:48:18	0:47:31	
17	8KM Speed Run - Female Aged 40-49	2454	Wong Xiao Qun	黃小群	0:48:33	0:47:50	
18	8KM Speed Run - Female Aged 40-49	2333	Lam Hiu Yin Rainy	林曉燕	0:48:34	0:48:02	
19	8KM Speed Run - Female Aged 40-49	2390	Lam Ka Yee	林嘉儀	0:48:49	0:48:20	
20	8KM Speed Run - Female Aged 40-49	2377	To Wai Kuen Vicky	杜惠娟	0:48:49	0:48:12	
21	8KM Speed Run - Female Aged 40-49	2303	Cheng Chui Li Jessica	鄭翠莉	0:49:01	0:48:11	
22	8KM Speed Run - Female Aged 40-49	2314	Yau Wai Mun	游慧敏	0:49:08	0:48:53	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
23	8KM Speed Run - Female Aged 40-49	2323	Chan Hoi Yin	陳海燕	0:49:19	0:49:00	
24	8KM Speed Run - Female Aged 40-49	2366	Shek Lai Kuen		0:49:23	0:48:50	
25	8KM Speed Run - Female Aged 40-49	2396	Chu Sin Ying	朱茜影	0:49:45	0:49:03	
26	8KM Speed Run - Female Aged 40-49	2464	Hung Hoi Kwan Alma	洪凱君	0:49:55	0:49:04	
27	8KM Speed Run - Female Aged 40-49	2399	Cheung Samantha	張超敏	0:50:33	0:49:14	
28	8KM Speed Run - Female Aged 40-49	2380	Hong Liping	洪麗萍	0:50:41	0:49:39	
29	8KM Speed Run - Female Aged 40-49	2387	Lau Yuk Yee	劉玉兒	0:50:51	0:50:27	
30	8KM Speed Run - Female Aged 40-49	2395	Yang Yu Lin		0:51:15	0:51:03	
31	8KM Speed Run - Female Aged 40-49	2343	Kot Ming Yan	葛銘甄	0:51:38	0:51:32	
32	8KM Speed Run - Female Aged 40-49	2476	Tse So Kwan		0:52:09	0:52:00	
33	8KM Speed Run - Female Aged 40-49	2352	Kwok Ching Man	郭靜文	0:52:44	0:51:44	
34	8KM Speed Run - Female Aged 40-49	2413	Ng Joey	吳棗兒	0:53:21	0:53:02	
35	8KM Speed Run - Female Aged 40-49	2338	Kwok Mabel		0:53:26	0:53:11	
36	8KM Speed Run - Female Aged 40-49	2467	Chan Wing Yiu	陳詠瑤	0:53:44	0:53:20	
37	8KM Speed Run - Female Aged 40-49	2447	Chow Yin Kam		0:53:53	0:53:12	
38	8KM Speed Run - Female Aged 40-49	2386	Tang Pui Yi		0:54:19	0:54:12	
39	8KM Speed Run - Female Aged 40-49	2392	Poon Mei Chu Grace		0:54:23	0:53:22	
40	8KM Speed Run - Female Aged 40-49	2301	Chan Yee Man	陳綺雯	0:54:32	0:53:41	
41	8KM Speed Run - Female Aged 40-49	2398	So Wai Ying		0:54:37	0:52:51	
42	8KM Speed Run - Female Aged 40-49	2412	Tse Wing Chau	謝詠秋	0:54:56	0:54:36	
43	8KM Speed Run - Female Aged 40-49	2436	Liu Yin Fei	廖燕菲	0:54:57	0:54:53	
44	8KM Speed Run - Female Aged 40-49	2410	Marcelino Shirly		0:55:24	0:54:59	
45	8KM Speed Run - Female Aged 40-49	2473	Lai Nga Ki	黎雅紀	0:55:24	0:54:03	
46	8KM Speed Run - Female Aged 40-49	2427	So Wai Yee	蘇慧兒	0:55:43	0:54:34	
47	8KM Speed Run - Female Aged 40-49	2330	Ho Yuen Man	何婉雯	0:56:19	0:55:46	
48	8KM Speed Run - Female Aged 40-49	2335	Fok Pui Yi		0:57:04	0:56:24	
49	8KM Speed Run - Female Aged 40-49	2378	Chu Connie		0:57:11	0:55:30	
50	8KM Speed Run - Female Aged 40-49	2455	Lau Ka Yee	劉嘉儀	0:57:14	0:56:45	
51	8KM Speed Run - Female Aged 40-49	2456	Wong Kar Lai	黃家麗	0:57:14	0:56:47	
52	8KM Speed Run - Female Aged 40-49	2349	Chan Maggie		0:57:32	0:56:00	
53	8KM Speed Run - Female Aged 40-49	2458	Tsui Ka Wai	徐嘉慧	0:57:33	0:57:02	
54	8KM Speed Run - Female Aged 40-49	2417	Leung Chin Kiu	梁展翹	0:57:40	0:57:24	
55	8KM Speed Run - Female Aged 40-49	2384	Tsun Ka Man Carmen	秦嘉敏	0:57:48	0:56:28	
56	8KM Speed Run - Female Aged 40-49	2449	Ho Mei Yung	何美容	0:58:07	0:56:50	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
57	8KM Speed Run - Female Aged 40-49	2310	Yeung Lut Ka	楊律嘉	0:58:13	0:57:12	
58	8KM Speed Run - Female Aged 40-49	2477	Shum Tsui Shan Cathy		0:58:16	0:57:02	
59	8KM Speed Run - Female Aged 40-49	2422	Gan Rui Juan	甘瑞娟	0:58:24	0:58:14	
60	8KM Speed Run - Female Aged 40-49	2406	Hau Ka Man		1:00:02	0:59:52	
61	8KM Speed Run - Female Aged 40-49	2457	Kam Lai Fun		1:00:04	0:58:05	
62	8KM Speed Run - Female Aged 40-49	2425	Yip Ching Lam	林業貞	1:00:11	0:59:19	
63	8KM Speed Run - Female Aged 40-49	2304	Chan Yat Man		1:00:14	0:59:28	
64	8KM Speed Run - Female Aged 40-49	2421	Fong Venus	方子鈴	1:00:16	0:59:36	
65	8KM Speed Run - Female Aged 40-49	2355	Zhu Zhenzhen	朱鎮珍	1:00:47	0:59:25	
66	8KM Speed Run - Female Aged 40-49	2453	Lau King Ting	劉敬婷	1:01:09	1:01:05	
67	8KM Speed Run - Female Aged 40-49	2381	Chong Wan Lai	莊	1:01:11	1:00:36	
68	8KM Speed Run - Female Aged 40-49	2418	Ng Yeung Chi	吳煬梓	1:01:26	0:59:30	
69	8KM Speed Run - Female Aged 40-49	2322	Cheung Pui Yee		1:01:30	1:00:51	
70	8KM Speed Run - Female Aged 40-49	2337	Wong Hong Lan	黃康蘭	1:01:43	1:01:07	
71	8KM Speed Run - Female Aged 40-49	2432	Wong Ada		1:01:53	0:59:37	
72	8KM Speed Run - Female Aged 40-49	2346	Fok Wing Sze		1:01:58	1:01:09	
73	8KM Speed Run - Female Aged 40-49	2345	Leung Kit Ying	梁潔盈	1:02:06	1:00:27	
74	8KM Speed Run - Female Aged 40-49	2329	Leung Shuk Ching		1:02:19	1:01:43	
75	8KM Speed Run - Female Aged 40-49	2311	Tse Yuk Ming		1:02:20	1:01:08	
76	8KM Speed Run - Female Aged 40-49	2299	Yeung Pui Shan Jenny	楊佩珊	1:02:36	1:01:45	
77	8KM Speed Run - Female Aged 40-49	2340	Lau Yin Wan	劉燕雲	1:03:04	1:02:19	
78	8KM Speed Run - Female Aged 40-49	2339	Lam Ka Wai		1:03:13	1:01:47	
79	8KM Speed Run - Female Aged 40-49	2344	Chiu Wai Kwan	趙蔚君	1:03:19	1:02:01	
80	8KM Speed Run - Female Aged 40-49	2347	Wong Wai Ping	黃慧萍	1:03:24	1:02:31	
81	8KM Speed Run - Female Aged 40-49	2420	Chow Ka Wing Karen	周嘉詠	1:03:25	1:02:55	
82	8KM Speed Run - Female Aged 40-49	2463	Yau Hiu Yan		1:03:42	1:01:54	
83	8KM Speed Run - Female Aged 40-49	2312	Chan On Yee	陳安儀	1:03:46	1:03:21	
84	8KM Speed Run - Female Aged 40-49	2442	Wong Shuk Han	黃淑嫻	1:03:54	1:03:32	
85	8KM Speed Run - Female Aged 40-49	2309	So Yan Pui	蘇欣佩	1:04:07	1:03:38	
86	8KM Speed Run - Female Aged 40-49	2480	Chan Yuen Ha		1:04:41	1:03:34	
87	8KM Speed Run - Female Aged 40-49	2316	Chiu Sharon	趙泳芝	1:04:45	1:04:15	
88	8KM Speed Run - Female Aged 40-49	2415	Lee Kam Chun	李	1:04:48	1:04:28	
89	8KM Speed Run - Female Aged 40-49	2452	Chan Chui	陳翠嫦	1:04:52	1:04:46	
90	8KM Speed Run - Female Aged 40-49	2401	Lee Joyce		1:04:54	1:04:31	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
91	8KM Speed Run - Female Aged 40-49	2430	Chiu Ngar Yee Carol	趙雅儀	1:05:10	1:05:08	
92	8KM Speed Run - Female Aged 40-49	2440	Wong Pui Yi		1:05:12	1:04:22	
93	8KM Speed Run - Female Aged 40-49	2629	Chu Connie	/	1:05:19	1:03:39	
94	8KM Speed Run - Female Aged 40-49	2462	Chan Sau Fong Amy	陳秀芳	1:05:24	1:04:00	
95	8KM Speed Run - Female Aged 40-49	2451	Chu Hou Cheng		1:06:12	1:05:23	
96	8KM Speed Run - Female Aged 40-49	2356	Chan Ronni		1:06:21	1:04:59	
97	8KM Speed Run - Female Aged 40-49	2445	Fong Po Yi	方寶儀	1:06:36	1:05:37	
98	8KM Speed Run - Female Aged 40-49	2389	Lam Siu Chui		1:06:51	1:05:28	
99	8KM Speed Run - Female Aged 40-49	2472	Hui Tze Foon Wendy	許芷歡	1:07:21	1:06:00	
100	8KM Speed Run - Female Aged 40-49	2479	Chan Yuen Wan	陳婉雲	1:07:24	1:06:00	
101	8KM Speed Run - Female Aged 40-49	2383	Kwok Leung Tsz	郭良芷	1:07:25	1:05:48	
102	8KM Speed Run - Female Aged 40-49	2388	Lau Janice		1:07:26	1:05:39	
103	8KM Speed Run - Female Aged 40-49	2393	Wong Man Ki	黃敏琪	1:07:42	1:07:14	
104	8KM Speed Run - Female Aged 40-49	2423	Chou So Ching	周素貞	1:07:50	1:06:51	
105	8KM Speed Run - Female Aged 40-49	2361	Lee Tsui Ying	李翠盈	1:07:50	1:07:14	
106	8KM Speed Run - Female Aged 40-49	2318	Michelle Ng		1:08:25	1:07:12	
107	8KM Speed Run - Female Aged 40-49	2308	Chan Kai Yin		1:08:48	1:08:18	
108	8KM Speed Run - Female Aged 40-49	2332	Sukma Piyamat		1:08:58	1:08:45	
109	8KM Speed Run - Female Aged 40-49	2331	Saeieo Natthanicha		1:08:58	1:08:44	
110	8KM Speed Run - Female Aged 40-49	2326	Wong Ka Man Gloria	黃	1:09:15	1:08:46	
111	8KM Speed Run - Female Aged 40-49	2475	To Hoi Yan Rita	涂凱欣	1:10:03	1:08:31	
112	8KM Speed Run - Female Aged 40-49	2435	Chow Kwok Chi		1:10:21	1:10:05	
113	8KM Speed Run - Female Aged 40-49	2426	Tang Sin Ni Sannie	鄧善妮	1:10:30	1:09:52	
114	8KM Speed Run - Female Aged 40-49	2320	Chow Chiu Yi	周昭儀	1:10:38	1:09:30	
115	8KM Speed Run - Female Aged 40-49	2466	Wan Ting Ting	雲婷婷	1:11:01	1:11:01	
116	8KM Speed Run - Female Aged 40-49	2358	Leung Suk Wai	梁淑慧	1:11:44	1:10:25	
117	8KM Speed Run - Female Aged 40-49	2400	Yip Wing Yin		1:11:52	1:11:28	
118	8KM Speed Run - Female Aged 40-49	2368	Lok Wai Yan		1:11:52	1:10:39	
119	8KM Speed Run - Female Aged 40-49	2371	Lam Sze Ngar		1:11:57	1:10:23	
120	8KM Speed Run - Female Aged 40-49	2408	Lo Ka Man Maria		1:12:03	1:10:25	
121	8KM Speed Run - Female Aged 40-49	2407	Tam Ka Ying Esther		1:12:03	1:10:25	
122	8KM Speed Run - Female Aged 40-49	2376	Yiu Marthes		1:12:07	1:11:30	
123	8KM Speed Run - Female Aged 40-49	2437	Yeung Siu Ping		1:12:50	1:12:26	
124	8KM Speed Run - Female Aged 40-49	2630	Li Tsz Wai	李沚蔚	1:13:02	1:11:13	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
125	8KM Speed Run - Female Aged 40-49	2419	Wong Wai Chi		1:13:26	1:11:46	
126	8KM Speed Run - Female Aged 40-49	2478	Leung Tsui Fan	梁翠芬	1:14:31	1:14:15	
127	8KM Speed Run - Female Aged 40-49	2362	Lee Kwok Po	李國寶	1:15:10	1:14:11	
128	8KM Speed Run - Female Aged 40-49	2354	Poon Man Yee Mon	潘敏儀	1:15:17	1:14:14	
129	8KM Speed Run - Female Aged 40-49	2372	Ng Wing Sze	吳詠詩	1:15:56	1:14:21	
130	8KM Speed Run - Female Aged 40-49	2394	Chau Man Fong	周文芳	1:16:01	1:15:53	
131	8KM Speed Run - Female Aged 40-49	2369	Kwan Ada		1:16:07	1:14:20	
132	8KM Speed Run - Female Aged 40-49	2459	Lo Ming Yiu	盧明要	1:17:14	1:15:17	
133	8KM Speed Run - Female Aged 40-49	2336	Pang Kim Ping	彭劍屏	1:17:48	1:16:38	
134	8KM Speed Run - Female Aged 40-49	2379	Chu Hoi Yin Junie		1:17:56	1:17:20	
135	8KM Speed Run - Female Aged 40-49	2438	Yuen Wing Sze	阮詠詩	1:19:56	1:19:32	
136	8KM Speed Run - Female Aged 40-49	2433	Chung Sonia		1:21:01	1:20:00	
137	8KM Speed Run - Female Aged 40-49	2327	Wong Wan Ying		1:21:06	1:20:57	
138	8KM Speed Run - Female Aged 40-49	2353	Man Suet Ying		1:24:32	1:23:41	
139	8KM Speed Run - Female Aged 40-49	2469	Chan Wai Ting	陳慧婷	1:25:27	1:24:21	
140	8KM Speed Run - Female Aged 40-49	2350	Lee Wai Han	李慧嫻	1:26:41	1:25:50	
141	8KM Speed Run - Female Aged 40-49	2370	Szeto Pui Man		1:34:10	1:32:34	
142	8KM Speed Run - Female Aged 40-49	2374	Cheung Man Yee		1:34:10	1:32:34	
1	8KM Speed Run - Female Aged 50 or above	2586	Wong Sammy		0:33:30	0:33:28	
2	8KM Speed Run - Female Aged 50 or above	2495	Tang Qinying	湯勤英	0:39:43	0:39:37	
3	8KM Speed Run - Female Aged 50 or above	2555	Wong Winghan	王詠嫺	0:40:19	0:40:16	
4	8KM Speed Run - Female Aged 50 or above	2612	Ho Fung Kwan Oasis	何鳯君	0:46:53	0:46:42	
5	8KM Speed Run - Female Aged 50 or above	2488	Lai Yin Ling	黎燕玲	0:47:35	0:47:30	
6	8KM Speed Run - Female Aged 50 or above	2484	Chung Chui Shan Royve	鍾翠珊	0:47:53	0:47:49	
7	8KM Speed Run - Female Aged 50 or above	2622	Lee Jo		0:48:12	0:48:04	
8	8KM Speed Run - Female Aged 50 or above	2540	Lam Ka Wing	林嘉穎	0:49:04	0:47:39	
9	8KM Speed Run - Female Aged 50 or above	2624	Mak Mei Sze Maisy	麥美斯	0:49:31	0:49:24	
10	8KM Speed Run - Female Aged 50 or above	2608	Ng Po Lin Pauline		0:49:39	0:49:36	
11	8KM Speed Run - Female Aged 50 or above	2580	Man Pik Wan Moon	萬碧雲	0:50:11	0:50:08	
12	8KM Speed Run - Female Aged 50 or above	2481	Lam Yip Fong	林業芳	0:50:48	0:49:59	
13	8KM Speed Run - Female Aged 50 or above	2623	Yeung Porlin	/	0:51:23	0:51:16	
14	8KM Speed Run - Female Aged 50 or above	2550	Yip Bethia	葉率意	0:51:50	0:51:34	
15	8KM Speed Run - Female Aged 50 or above	2598	Hui May Ha	許美霞	0:52:27	0:52:07	
16	8KM Speed Run - Female Aged 50 or above	2532	Lam Eva	林燕華	0:53:02	0:52:53	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
17	8KM Speed Run - Female Aged 50 or above	2581	Aromin Reinalda		0:53:18	0:52:30	
18	8KM Speed Run - Female Aged 50 or above	2511	Yuen Yun Seung	袁潤嫦	0:53:43	0:53:39	
19	8KM Speed Run - Female Aged 50 or above	2592	Lai C		0:53:47	0:52:10	
20	8KM Speed Run - Female Aged 50 or above	2605	Lo Suk Yee		0:54:09	0:53:41	
21	8KM Speed Run - Female Aged 50 or above	2547	Cheng Kit Po	鄭潔寶	0:54:50	0:54:36	
22	8KM Speed Run - Female Aged 50 or above	2503	Kwan Doris		0:55:25	0:53:53	
23	8KM Speed Run - Female Aged 50 or above	2562	Lau Sze Wan	劉詩韻	0:55:28	0:53:52	
24	8KM Speed Run - Female Aged 50 or above	2570	Cheung Mei Ling		0:55:49	0:53:58	
25	8KM Speed Run - Female Aged 50 or above	2584	Lau Lai Ching	劉麗晶	0:55:54	0:55:37	
26	8KM Speed Run - Female Aged 50 or above	2546	Wong Yuen Ling	黃婉玲	0:56:58	0:56:52	
27	8KM Speed Run - Female Aged 50 or above	2541	Chung Yan Tung Annie	钟欣彤	0:57:03	0:56:36	
28	8KM Speed Run - Female Aged 50 or above	2613	Cheng Yuk Han	鄭玉嫻	0:57:05	0:56:54	
29	8KM Speed Run - Female Aged 50 or above	2552	Poon Emily		0:57:45	0:57:19	
30	8KM Speed Run - Female Aged 50 or above	2587	Lam Wai Hing	林惠卿	0:57:58	0:57:49	
31	8KM Speed Run - Female Aged 50 or above	2517	So Ngai Fung Ivy		0:58:32	0:57:17	
32	8KM Speed Run - Female Aged 50 or above	2582	Ma Suk Ling		0:58:54	0:57:43	
33	8KM Speed Run - Female Aged 50 or above	2617	Ng B Y Eliza		0:59:08	0:58:40	
34	8KM Speed Run - Female Aged 50 or above	2618	Choi Sau Fung Lornnie	蔡秀鳳	0:59:11	0:59:06	
35	8KM Speed Run - Female Aged 50 or above	2504	Chan Sui Ngo		0:59:36	0:58:29	
36	8KM Speed Run - Female Aged 50 or above	2508	Chung Wai Man	鍾慧敏	0:59:43	0:59:32	
37	8KM Speed Run - Female Aged 50 or above	2496	So Suet Yee	蘇雪兒	0:59:44	0:58:02	
38	8KM Speed Run - Female Aged 50 or above	2585	Wong Moon		0:59:59	0:59:18	
39	8KM Speed Run - Female Aged 50 or above	2602	Liu Minda	廖敏	1:00:10	1:00:02	
40	8KM Speed Run - Female Aged 50 or above	2513	Li Ka Kit Joyce		1:00:11	0:59:20	
41	8KM Speed Run - Female Aged 50 or above	2505	Chan Oi Yin		1:00:18	0:59:45	
42	8KM Speed Run - Female Aged 50 or above	2497	Chan Ching Yi	陳靜儀	1:00:31	0:58:49	
43	8KM Speed Run - Female Aged 50 or above	2564	So Pik Shan	蘇碧珊	1:00:40	1:00:23	
44	8KM Speed Run - Female Aged 50 or above	2597	Leung Wei Kwan Wendy	梁慧鈞	1:01:07	1:00:58	
45	8KM Speed Run - Female Aged 50 or above	2485	Lo Siu Fan		1:01:15	1:00:55	
46	8KM Speed Run - Female Aged 50 or above	2514	Ng Ka Man	伍家敏	1:01:18	1:00:40	
47	8KM Speed Run - Female Aged 50 or above	2565	Chat Yuk Ying		1:01:50	1:01:14	
48	8KM Speed Run - Female Aged 50 or above	2498	Mo Ngar Ying	巫雅盈	1:02:15	1:01:39	
49	8KM Speed Run - Female Aged 50 or above	2601	Yip Sau Lan	葉秀蘭	1:02:53	1:02:36	
50	8KM Speed Run - Female Aged 50 or above	2553	Tsui Mei Ping	徐美萍	1:03:23	1:02:08	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
51	8KM Speed Run - Female Aged 50 or above	2557	Chang Andrea	張安麗	1:03:35	1:02:57	
52	8KM Speed Run - Female Aged 50 or above	2558	Lee Lan Kiu	李蘭嬌	1:03:52	1:03:30	
53	8KM Speed Run - Female Aged 50 or above	2561	Ng Mei Fung	吳美鳳	1:04:17	1:02:45	
54	8KM Speed Run - Female Aged 50 or above	2483	Cheung Po Lin	張寶蓮	1:04:24	1:03:54	
55	8KM Speed Run - Female Aged 50 or above	2482	Zhao Ping	趙萍	1:04:24	1:03:53	
56	8KM Speed Run - Female Aged 50 or above	2534	Chan Ka Ho	陳茄好	1:04:27	1:03:57	
57	8KM Speed Run - Female Aged 50 or above	2490	Lo Man Yee	盧敏儀	1:04:38	1:03:33	
58	8KM Speed Run - Female Aged 50 or above	2543	Lai Ying	黎英	1:04:43	1:04:16	
59	8KM Speed Run - Female Aged 50 or above	2591	Wong Lai Ying		1:05:12	1:04:53	
60	8KM Speed Run - Female Aged 50 or above	2554	Woo Lai Ping		1:05:22	1:04:45	
61	8KM Speed Run - Female Aged 50 or above	2538	Chui Ka Wai Athena	崔嘉惠	1:05:42	1:05:07	
62	8KM Speed Run - Female Aged 50 or above	2560	Chen Yue Ying	陳月影	1:05:46	1:03:31	
63	8KM Speed Run - Female Aged 50 or above	2527	Chan Yuen Kwan Ida	陳婉君	1:06:45	1:06:25	
64	8KM Speed Run - Female Aged 50 or above	2525	Cheng Fung Ying	鄭鳳英	1:06:46	1:06:25	
65	8KM Speed Run - Female Aged 50 or above	2494	Kwok Wing Sai	郭詠茜	1:06:48	1:04:57	
66	8KM Speed Run - Female Aged 50 or above	2574	Yau Po Chu	尤寶珠	1:07:16	1:05:23	
67	8KM Speed Run - Female Aged 50 or above	2519	Lo Mei Wah	盧美華	1:07:30	1:07:23	
68	8KM Speed Run - Female Aged 50 or above	2563	Wong Kwai Chun	黃桂珍	1:07:59	1:07:47	
69	8KM Speed Run - Female Aged 50 or above	2501	Kwok Chung Sze	郭頌詩	1:08:41	1:06:59	
70	8KM Speed Run - Female Aged 50 or above	2533	Yeung Mei Ling	楊美玲	1:08:56	1:08:02	
71	8KM Speed Run - Female Aged 50 or above	2607	Cheung Kwok Wai	張國慧	1:09:06	1:08:33	
72	8KM Speed Run - Female Aged 50 or above	2539	Lau Pik Yee		1:09:39	1:09:05	
73	8KM Speed Run - Female Aged 50 or above	2596	Yuen Pui Kwan Peggy	袁佩君	1:10:31	1:09:36	
74	8KM Speed Run - Female Aged 50 or above	2566	Chan Cho Ying Yannie	陳楚英	1:11:20	1:10:44	
75	8KM Speed Run - Female Aged 50 or above	2493	Ng Ying Hung	吳映紅	1:11:27	1:09:36	
76	8KM Speed Run - Female Aged 50 or above	2548	Kwok Siu Ling	郭笑玲	1:11:52	1:11:31	
77	8KM Speed Run - Female Aged 50 or above	2530	Leung Wing Sau	梁穎秀	1:12:07	1:11:31	
78	8KM Speed Run - Female Aged 50 or above	2492	Chan Suk Ping May	陳淑冰	1:12:46	1:11:05	
79	8KM Speed Run - Female Aged 50 or above	2491	Mui Ching Man	梅靜雯	1:12:46	1:11:05	
80	8KM Speed Run - Female Aged 50 or above	2572	Cheung Yuen Man	張婉文	1:12:58	1:11:58	
81	8KM Speed Run - Female Aged 50 or above	2556	Chui Mei Kuk	徐美菊	1:13:11	1:12:59	
82	8KM Speed Run - Female Aged 50 or above	2583	Ma Suk Lan		1:13:26	1:12:15	
83	8KM Speed Run - Female Aged 50 or above	2603	Wong Fung Kee	黃鳳姬	1:13:49	1:12:32	
84	8KM Speed Run - Female Aged 50 or above	2573	Chan Nar Fun	陳娜芬	1:13:58	1:12:57	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
85	8KM Speed Run - Female Aged 50 or above	2521	Yip Sau Lan	葉秀蘭	1:14:12	1:14:06	
86	8KM Speed Run - Female Aged 50 or above	2615	Cheung May Chi	張美芝	1:14:42	1:13:49	
87	8KM Speed Run - Female Aged 50 or above	2536	Law Lai Wo	羅麗和	1:15:52	1:14:56	
88	8KM Speed Run - Female Aged 50 or above	2535	Yang Shuk Han	楊淑嫻	1:16:01	1:15:24	
89	8KM Speed Run - Female Aged 50 or above	2551	Ngan Sik Chun	顏惜珍	1:16:02	1:15:33	
90	8KM Speed Run - Female Aged 50 or above	2549	Yip Tak Wai Rebecca	葉德慧	1:16:19	1:14:28	
91	8KM Speed Run - Female Aged 50 or above	2502	Chan Oi Wah	陳愛華	1:16:40	1:15:33	
92	8KM Speed Run - Female Aged 50 or above	2588	Kwok Mei Fong Ice	郭美芳	1:17:00	1:16:00	
93	8KM Speed Run - Female Aged 50 or above	2614	Lee Fung Ling	李鳳玲	1:17:32	1:16:42	
94	8KM Speed Run - Female Aged 50 or above	2499	Li Wai Kwan		1:18:43	1:18:08	
95	8KM Speed Run - Female Aged 50 or above	2616	Cheung Yuk Lin Joan	張玉蓮	1:18:56	1:18:06	
96	8KM Speed Run - Female Aged 50 or above	2537	Law Lai Ping	羅麗萍	1:19:09	1:18:13	
97	8KM Speed Run - Female Aged 50 or above	2619	Lee Yuk Ling Grace	李玉玲	1:19:21	1:17:53	
98	8KM Speed Run - Female Aged 50 or above	2510	Wan Din	溫電	1:19:23	1:17:48	
99	8KM Speed Run - Female Aged 50 or above	2523	Leung Choi Fung	梁彩鳳	1:19:43	1:19:21	
100	8KM Speed Run - Female Aged 50 or above	2518	Chu Lai Ha		1:20:41	1:19:08	
101	8KM Speed Run - Female Aged 50 or above	2599	Yip Sau Ping Cindy		1:20:44	1:20:27	
102	8KM Speed Run - Female Aged 50 or above	2593	Kung Ching Yan	龔靜茵	1:23:38	1:23:33	
103	8KM Speed Run - Female Aged 50 or above	2611	Ma Ngan Chi	馬顏芝	1:25:15	1:25:07	
DNF	8KM Speed Run - Female Aged 50 or above	2531	Wong Pepys				
DNF	8KM Speed Run - Female Aged 50 or above	2544	Chan Chung Chun	陳松珍			
1	8KM Speed Run - Male Aged 16-19	1003		郭偉倫	0:31:19	0:31:19	
2	8KM Speed Run - Male Aged 16-19	1021		黃卓謙	0:31:40	0:31:40	
3	8KM Speed Run - Male Aged 16-19	1016		鄭思哲	0:33:16	0:33:13	
4	8KM Speed Run - Male Aged 16-19	1005		劉溢泓	0:34:08	0:33:49	
5	8KM Speed Run - Male Aged 16-19	1001		黃家興	0:36:04	0:36:02	
6	8KM Speed Run - Male Aged 16-19	1017		唐煜明	0:38:06	0:38:03	
7	8KM Speed Run - Male Aged 16-19	1006			0:39:10	0:38:07	
8	8KM Speed Run - Male Aged 16-19	1015		賴君傑	0:44:18	0:44:02	
9	8KM Speed Run - Male Aged 16-19	1019		陳柏霖	0:45:13	0:43:54	
10	8KM Speed Run - Male Aged 16-19	1002		郭曉明	0:45:51	0:45:32	
11	8KM Speed Run - Male Aged 16-19	1010		戴昊辰	0:46:44	0:46:14	
12	8KM Speed Run - Male Aged 16-19	1012		黃梓睿	0:47:26	0:45:38	
13	8KM Speed Run - Male Aged 16-19	1007		胡子浩	0:47:57	0:47:48	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
14	8KM Speed Run - Male Aged 16-19	1014		黃仕淦	0:48:06	0:46:48	
15	8KM Speed Run - Male Aged 16-19	1004		沈文熙	0:49:38	0:49:23	
16	8KM Speed Run - Male Aged 16-19	1020		陳彥朗	0:49:40	0:49:24	
17	8KM Speed Run - Male Aged 16-19	1011		林朗生	0:49:59	0:49:54	
18	8KM Speed Run - Male Aged 16-19	1013		林梓揚	0:50:40	0:50:38	
19	8KM Speed Run - Male Aged 16-19	1022		何汶晞	0:51:55	0:50:02	
20	8KM Speed Run - Male Aged 16-19	1008			1:01:22	1:00:19	
1	8KM Speed Run - Male Aged 20-29	1037		謝浩賢	0:29:18	0:29:18	
2	8KM Speed Run - Male Aged 20-29	1115	Yeung Ho Yan	楊浩恩	0:29:47	0:29:47	
3	8KM Speed Run - Male Aged 20-29	1060	Chan Ming Chun	陳銘真	0:31:27	0:31:27	
4	8KM Speed Run - Male Aged 20-29	1119	Mak Chun Fung	麥鎮鋒	0:33:40	0:33:36	
5	8KM Speed Run - Male Aged 20-29	1070	Kong Kin Lok		0:34:15	0:33:37	
6	8KM Speed Run - Male Aged 20-29	1044		許嘉銘	0:35:46	0:35:46	
7	8KM Speed Run - Male Aged 20-29	1034			0:36:06	0:35:46	
8	8KM Speed Run - Male Aged 20-29	1026		陳樂章	0:36:31	0:36:16	
9	8KM Speed Run - Male Aged 20-29	1126	Yun Lik Hang		0:38:32	0:38:31	
10	8KM Speed Run - Male Aged 20-29	1053	Kong Ka Lung	江嘉龍	0:40:45	0:40:28	
11	8KM Speed Run - Male Aged 20-29	1089	Yeung Kam Hung	楊錦鴻	0:40:48	0:40:29	
12	8KM Speed Run - Male Aged 20-29	1036		招智洋	0:40:56	0:40:17	
13	8KM Speed Run - Male Aged 20-29	1113	Tai Kin Lun		0:42:12	0:42:06	
14	8KM Speed Run - Male Aged 20-29	1112	Yeung Nok Hin	楊諾軒	0:42:12	0:42:06	
15	8KM Speed Run - Male Aged 20-29	1033		區錦超	0:42:33	0:41:24	
16	8KM Speed Run - Male Aged 20-29	1066	Wong Tung Hoi	王東凱	0:43:39	0:42:42	
17	8KM Speed Run - Male Aged 20-29	1139	Yuen Siu Hei		0:43:41	0:43:35	
18	8KM Speed Run - Male Aged 20-29	1057	Hung Wing Kit	洪永傑	0:44:03	0:42:17	
19	8KM Speed Run - Male Aged 20-29	1097	Som Chung Ming	岑仲銘	0:44:10	0:43:35	
20	8KM Speed Run - Male Aged 20-29	1083	Yuen Ching Nam		0:45:46	0:44:22	
21	8KM Speed Run - Male Aged 20-29	1118	Wong Kam Yin		0:46:07	0:44:41	
22	8KM Speed Run - Male Aged 20-29	1038		孔建楠	0:46:08	0:44:22	
23	8KM Speed Run - Male Aged 20-29	1095	Tse Wai Nang		0:46:08	0:45:02	
24	8KM Speed Run - Male Aged 20-29	1079	Lam Chun Leung		0:46:53	0:46:04	
25	8KM Speed Run - Male Aged 20-29	1048	Lau Chu Ngai		0:48:46	0:48:36	
26	8KM Speed Run - Male Aged 20-29	1111	Ko Ka Lok Johnson		0:49:39	0:49:39	
27	8KM Speed Run - Male Aged 20-29	1134	Ng Chun Ngai Lincoln	吳俊毅	0:50:01	0:49:45	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
28	8KM Speed Run - Male Aged 20-29	1141	Tong Chung Yin	湯頌然	0:50:09	0:48:43	
29	8KM Speed Run - Male Aged 20-29	1040			0:50:25	0:49:47	
30	8KM Speed Run - Male Aged 20-29	1136	Ng Tsz Kin	吳子健	0:50:44	0:50:15	
31	8KM Speed Run - Male Aged 20-29	1075	Ho Damon	何銘廉	0:50:52	0:49:40	
32	8KM Speed Run - Male Aged 20-29	1116	Tang Tsz Seng	鄧梓惺	0:51:07	0:49:49	
33	8KM Speed Run - Male Aged 20-29	1061	Yu Peter Pak Hei	余栢熙	0:51:13	0:50:49	
34	8KM Speed Run - Male Aged 20-29	1028			0:51:25	0:50:51	
35	8KM Speed Run - Male Aged 20-29	1117	Ng Ka Ching	吳嘉靖	0:51:31	0:50:58	
36	8KM Speed Run - Male Aged 20-29	1107	Leung Wing Ho	梁泳濠	0:52:48	0:52:20	
37	8KM Speed Run - Male Aged 20-29	1041			0:53:06	0:51:35	
38	8KM Speed Run - Male Aged 20-29	1140	Leung Wai Nam	梁煒南	0:53:09	0:53:03	
39	8KM Speed Run - Male Aged 20-29	1052	Cheung Wan Cheung	張雲翔	0:53:52	0:53:34	
40	8KM Speed Run - Male Aged 20-29	1100	Chu Ka Pui		0:54:26	0:52:46	
41	8KM Speed Run - Male Aged 20-29	1102	Wong Hiu Wai	黃曉瑋	0:55:05	0:54:48	
42	8KM Speed Run - Male Aged 20-29	1096	Cheng Ka Po		0:55:06	0:53:16	
43	8KM Speed Run - Male Aged 20-29	1103	Ng Suen Ho	吳宣豪	0:55:14	0:54:58	
44	8KM Speed Run - Male Aged 20-29	1081	Chan Yuk Wang		0:55:27	0:54:27	
45	8KM Speed Run - Male Aged 20-29	1049	Leung Hiu Fung	梁曉峰	0:56:06	0:54:54	
46	8KM Speed Run - Male Aged 20-29	1121	Tsang Ka Wing	曾家榮	0:56:31	0:55:13	
47	8KM Speed Run - Male Aged 20-29	1135	Tam Jit Hin	譚哲軒	0:57:18	0:56:15	
48	8KM Speed Run - Male Aged 20-29	1101	Shum Man Him		0:57:27	0:55:59	
49	8KM Speed Run - Male Aged 20-29	1114	Chan Chun Yeung Knowlton	陳駿揚	0:57:29	0:57:08	
50	8KM Speed Run - Male Aged 20-29	1062	Lam Wang Hei Marco	林泓熹	0:58:01	0:57:38	
51	8KM Speed Run - Male Aged 20-29	1091	Chang Chak Wang		0:58:58	0:57:08	
52	8KM Speed Run - Male Aged 20-29	1046	Kan Cheuk Hin	簡卓軒	0:59:38	0:58:26	
53	8KM Speed Run - Male Aged 20-29	1106	Ng Yu To	吳汝燾	1:00:05	0:58:34	
54	8KM Speed Run - Male Aged 20-29	1076	Sun Yongzhao	孫永釗	1:01:31	1:00:00	
55	8KM Speed Run - Male Aged 20-29	1043		盛皓汧	1:01:32	1:00:03	
56	8KM Speed Run - Male Aged 20-29	1029			1:01:40	1:00:35	
57	8KM Speed Run - Male Aged 20-29	1024		何耀東	1:01:41	1:00:29	
58	8KM Speed Run - Male Aged 20-29	1031		梁國坡	1:03:17	0:58:46	
59	8KM Speed Run - Male Aged 20-29	1030			1:03:17	0:58:45	
60	8KM Speed Run - Male Aged 20-29	1086	Cheng King Yuen	鄭景元	1:03:23	1:02:43	
61	8KM Speed Run - Male Aged 20-29	1087	Wu Chun Yun	胡振潤	1:04:04	1:01:57	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
62	8KM Speed Run - Male Aged 20-29	1123	Kwong Chak Hang	鄺澤衡	1:04:38	1:04:20	
63	8KM Speed Run - Male Aged 20-29	1127	Tang Ngai Ho		1:06:17	1:05:03	
64	8KM Speed Run - Male Aged 20-29	1122	Man Kwan Yee	文均頤	1:06:24	1:04:46	
65	8KM Speed Run - Male Aged 20-29	1082	Lam Ting Ho		1:07:11	1:06:53	
66	8KM Speed Run - Male Aged 20-29	1133	Fung Sek Hung		1:07:23	1:06:26	
67	8KM Speed Run - Male Aged 20-29	1039		王煒禧	1:07:52	1:07:08	
68	8KM Speed Run - Male Aged 20-29	1045		呂冠樺	1:09:49	1:06:33	
69	8KM Speed Run - Male Aged 20-29	1051	Wong Chi Kin		1:10:24	1:09:51	
70	8KM Speed Run - Male Aged 20-29	1084	Leung Ka Chun		1:13:36	1:13:03	
71	8KM Speed Run - Male Aged 20-29	1108	Ting Tsz Cheong Joe	丁子暢	1:15:28	1:15:28	
72	8KM Speed Run - Male Aged 20-29	1094	Pun Long Chung Roy		1:16:35	1:14:46	
73	8KM Speed Run - Male Aged 20-29	1069	Leung Yiu Chung	梁耀聰	1:17:26	1:16:28	
74	8KM Speed Run - Male Aged 20-29	1025		黃偉釗	1:18:34	1:14:04	
75	8KM Speed Run - Male Aged 20-29	1047	Wong Chun Pong	黃俊邦	1:24:48	1:24:25	
DNF	8KM Speed Run - Male Aged 20-29	1080	Cheng Ryan				
DQ	8KM Speed Run - Male Aged 20-29	1054	Kwok Chun Yee				Wrong Start
DQ	8KM Speed Run - Male Aged 20-29	1042		勞城鋒			Wrong Start
DQ	8KM Speed Run - Male Aged 20-29	1078	Wong Tsz Yuk Dicky				Wrong Start
1	8KM Speed Run - Male Aged 30-39	1351	Hui Man Lung	許文龍	0:30:36	0:30:34	
2	8KM Speed Run - Male Aged 30-39	1145	Lee Kwok Shing		0:31:09	0:31:07	
3	8KM Speed Run - Male Aged 30-39	1253	Lau Kai Chung		0:31:46	0:31:44	
4	8KM Speed Run - Male Aged 30-39	1431	Cheung Ka Lun Alan	張嘉麟	0:32:36	0:32:33	
5	8KM Speed Run - Male Aged 30-39	1205	Cheung Kin Lok		0:32:54	0:32:54	
6	8KM Speed Run - Male Aged 30-39	1250	Cheung Ho Wai	張浩維	0:33:02	0:33:01	
7	8KM Speed Run - Male Aged 30-39	1347	Lam See Yu	林思語	0:33:17	0:33:14	
8	8KM Speed Run - Male Aged 30-39	1174	Wong Kai Cheung	黃啓彰	0:33:22	0:33:22	
9	8KM Speed Run - Male Aged 30-39	1377	Tsoi Chun Hoi	蔡鎮海	0:33:46	0:33:43	
10	8KM Speed Run - Male Aged 30-39	1344	Ma Kwun Yim		0:34:11	0:34:08	
11	8KM Speed Run - Male Aged 30-39	1228	Hor Chi Yan	賀致仁	0:34:14	0:34:11	
12	8KM Speed Run - Male Aged 30-39	1355	Pang Tak Hing		0:34:31	0:34:29	
13	8KM Speed Run - Male Aged 30-39	1401	Lee Chin Chuen		0:34:35	0:34:35	
14	8KM Speed Run - Male Aged 30-39	1399	Chan Ka Hin		0:34:41	0:34:40	
15	8KM Speed Run - Male Aged 30-39	1259	Ko Tsz Kit		0:34:42	0:34:37	
16	8KM Speed Run - Male Aged 30-39	1171	lp Ming Kit		0:35:05	0:34:58	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
17	8KM Speed Run - Male Aged 30-39	1381	Cheung Ka Hei	張嘉熙	0:35:24	0:35:21	
18	8KM Speed Run - Male Aged 30-39	1398	Wu Louis		0:35:28	0:35:27	
19	8KM Speed Run - Male Aged 30-39	1336	Wong Shek Wai	王碩尉	0:35:30	0:35:22	
20	8KM Speed Run - Male Aged 30-39	1293	Choi Chi Kan	蔡智勤	0:35:30	0:35:08	
21	8KM Speed Run - Male Aged 30-39	1229	Lee Honkit	李漢傑	0:35:44	0:35:24	
22	8KM Speed Run - Male Aged 30-39	1388	Ng Yu Sum	伍宇森	0:36:44	0:35:58	
23	8KM Speed Run - Male Aged 30-39	1206	Leung Pak Ping	梁栢平	0:37:13	0:37:10	
24	8KM Speed Run - Male Aged 30-39	1190	Tang Wing Chung	鄧頴聰	0:37:15	0:36:44	
25	8KM Speed Run - Male Aged 30-39	1314	Chu Man Kit	朱民傑	0:37:16	0:36:49	
26	8KM Speed Run - Male Aged 30-39	1209	Cheng Shing	鄭誠	0:37:32	0:37:32	
27	8KM Speed Run - Male Aged 30-39	1324	Wong Chun Chung	黃振忠	0:37:36	0:37:30	
28	8KM Speed Run - Male Aged 30-39	1423	Chung Tak Lun	鍾德鄰	0:38:12	0:37:29	
29	8KM Speed Run - Male Aged 30-39	1372	Tse Chi Sing	謝智星	0:38:34	0:38:22	
30	8KM Speed Run - Male Aged 30-39	1255	Chan Wai Shu		0:39:40	0:39:20	
31	8KM Speed Run - Male Aged 30-39	1208	Wong Wai Kin	黃偉健	0:39:55	0:39:26	
32	8KM Speed Run - Male Aged 30-39	1357	Wong Kay Wai Alexander	黃麒瑋	0:40:05	0:39:59	
33	8KM Speed Run - Male Aged 30-39	1147	Cheung Daniel		0:40:08	0:39:53	
34	8KM Speed Run - Male Aged 30-39	1392	Chow Ho Lun		0:40:12	0:39:30	
35	8KM Speed Run - Male Aged 30-39	1143	Wong Lai Kit	黃澧傑	0:40:15	0:40:02	
36	8KM Speed Run - Male Aged 30-39	1422	Tong Chris	唐耀輝	0:40:36	0:40:34	
37	8KM Speed Run - Male Aged 30-39	1144	Li Chun Lok	李俊樂	0:40:42	0:40:16	
38	8KM Speed Run - Male Aged 30-39	1334	Yap Chun Laam	葉震嵐	0:40:47	0:40:33	
39	8KM Speed Run - Male Aged 30-39	1274	Chong Pang Ching	莊鵬程	0:40:53	0:40:45	
40	8KM Speed Run - Male Aged 30-39	1178	Li Tik David	李頔	0:40:58	0:39:14	
41	8KM Speed Run - Male Aged 30-39	1204	Yeung Shing Ching Simon		0:41:06	0:40:34	
42	8KM Speed Run - Male Aged 30-39	1193	Ngai Yiu Ching	魏耀政	0:41:07	0:40:58	
43	8KM Speed Run - Male Aged 30-39	1277	Cheng Hon Pan		0:41:27	0:41:18	
44	8KM Speed Run - Male Aged 30-39	1156	Ting Hei Po		0:41:33	0:41:19	
45	8KM Speed Run - Male Aged 30-39	1175	Wong Chi Chung	黃智聰	0:42:20	0:40:57	
46	8KM Speed Run - Male Aged 30-39	1363	Chan Chuen Man		0:42:37	0:41:41	
47	8KM Speed Run - Male Aged 30-39	1168	Yu Pok Hong	余鎛匡	0:42:46	0:41:37	
48	8KM Speed Run - Male Aged 30-39	1266	Chiu Chun Yin Fogarty	趙雋彥	0:42:50	0:42:18	
49	8KM Speed Run - Male Aged 30-39	1189	Ling Chi Tung		0:43:06	0:41:47	
50	8KM Speed Run - Male Aged 30-39	1267	Lau Tsz Chun		0:43:10	0:42:58	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
51	8KM Speed Run - Male Aged 30-39	1281	Ho Wing Kan		0:43:11	0:43:01	
52	8KM Speed Run - Male Aged 30-39	1159	Tseng Kai Chi	曾啟枝	0:43:14	0:43:06	
53	8KM Speed Run - Male Aged 30-39	1158	Chong Hiu Fung		0:43:34	0:42:18	
54	8KM Speed Run - Male Aged 30-39	1179	Cheung Tsun Ho	張浚濠	0:43:37	0:41:50	
55	8KM Speed Run - Male Aged 30-39	1213	Li Tik Hoi	李迪海	0:44:18	0:43:19	
56	8KM Speed Run - Male Aged 30-39	1186	Ng Jonson		0:44:25	0:44:08	
57	8KM Speed Run - Male Aged 30-39	1249	Lau Yuk Fung	劉毓鋒	0:44:32	0:44:13	
58	8KM Speed Run - Male Aged 30-39	1425	Ng Gustin Yuen Fung		0:44:40	0:43:57	
59	8KM Speed Run - Male Aged 30-39	1308	Cheng Ho Wai		0:44:49	0:42:59	
60	8KM Speed Run - Male Aged 30-39	1294	Law Hing Lung	羅慶龍	0:44:56	0:43:14	
61	8KM Speed Run - Male Aged 30-39	1155	Choy Sze Luk	蔡斯祿	0:44:56	0:44:35	
62	8KM Speed Run - Male Aged 30-39	1160	Lam Hon Man	林瀚文	0:45:18	0:45:10	
63	8KM Speed Run - Male Aged 30-39	1211	Ho Wa Hei	何華喜	0:45:19	0:44:46	
64	8KM Speed Run - Male Aged 30-39	1212	Au Kai Hong	區啟康	0:45:31	0:44:59	
65	8KM Speed Run - Male Aged 30-39	1216	Koo Tat Shing	辜達成	0:45:58	0:44:29	
66	8KM Speed Run - Male Aged 30-39	1239	Lai Tszpang		0:46:01	0:44:57	
67	8KM Speed Run - Male Aged 30-39	1237	Yam Tsz Ho	任子豪	0:46:09	0:45:33	
68	8KM Speed Run - Male Aged 30-39	1414	Chong Alexander Bryan Hai Huat	莊遠燊	0:46:37	0:46:09	
69	8KM Speed Run - Male Aged 30-39	1278	Chung Ka Kit Ricky	鍾家傑	0:46:40	0:45:51	
70	8KM Speed Run - Male Aged 30-39	1332	Lee Man Yin	李文彥	0:46:42	0:46:03	
71	8KM Speed Run - Male Aged 30-39	1421	Mok Tsz Yin	莫梓賢	0:46:46	0:46:44	
72	8KM Speed Run - Male Aged 30-39	1195	Ngan Lap Fung		0:46:50	0:46:03	
73	8KM Speed Run - Male Aged 30-39	1183	Wong Ho Ting	黃浩霆	0:47:02	0:46:01	
74	8KM Speed Run - Male Aged 30-39	1172	Wong Sau Kan	黃守勤	0:47:24	0:47:11	
75	8KM Speed Run - Male Aged 30-39	1153	Wong Cheuk Yin		0:47:27	0:46:04	
76	8KM Speed Run - Male Aged 30-39	1245	Ma Sze Kit	馬思傑	0:47:27	0:45:46	
77	8KM Speed Run - Male Aged 30-39	1382	Shum Hau Wing	沈效榮	0:47:37	0:47:25	
78	8KM Speed Run - Male Aged 30-39	1396	Pak Wun Lam		0:47:39	0:46:21	
79	8KM Speed Run - Male Aged 30-39	1283	Heung Ka Leung		0:47:41	0:47:10	
80	8KM Speed Run - Male Aged 30-39	1346	Man Ho Sing	文浩昇	0:48:09	0:47:29	
81	8KM Speed Run - Male Aged 30-39	1301	Au Yeung Yui Pan		0:48:10	0:47:11	
82	8KM Speed Run - Male Aged 30-39	1280	Lee Tsz Leung	李子樑	0:48:13	0:47:31	
83	8KM Speed Run - Male Aged 30-39	1434	Helmkamp John Thomas		0:48:28	0:47:48	
84	8KM Speed Run - Male Aged 30-39	1353	Leung Ho Yin	梁浩然	0:48:32	0:47:45	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
85	8KM Speed Run - Male Aged 30-39	1304	Chan Ho Kwan	陳浩坤	0:48:43	0:47:43	
86	8KM Speed Run - Male Aged 30-39	1286	Chan Wai Ting		0:48:49	0:47:54	
87	8KM Speed Run - Male Aged 30-39	1393	Wong Man Ho	黃文浩	0:48:52	0:47:27	
88	8KM Speed Run - Male Aged 30-39	1366	Law Kit Man		0:48:54	0:47:22	
89	8KM Speed Run - Male Aged 30-39	1321	Ao leong Kuok Tong	歐陽國東	0:49:05	0:48:59	
90	8KM Speed Run - Male Aged 30-39	1389	Tsang Tsz Yin	曾子然	0:49:08	0:48:16	
91	8KM Speed Run - Male Aged 30-39	1345	Chan Sze Chung	陳思聰	0:49:13	0:48:28	
92	8KM Speed Run - Male Aged 30-39	1270	Yung Wai Him	容瑋謙	0:49:19	0:48:17	
93	8KM Speed Run - Male Aged 30-39	1152	Luk Ka Tsun		0:49:26	0:48:04	
94	8KM Speed Run - Male Aged 30-39	1417	Liu Ming Ho	廖銘豪	0:49:29	0:47:31	
95	8KM Speed Run - Male Aged 30-39	1185	Ho Kam Ho		0:49:34	0:48:54	
96	8KM Speed Run - Male Aged 30-39	1315	Li Chiu Ho	李釗浩	0:49:42	0:48:08	
97	8KM Speed Run - Male Aged 30-39	1318	Liu Wai On		0:49:49	0:48:20	
98	8KM Speed Run - Male Aged 30-39	1227	Wong Yat Pang		0:49:57	0:48:41	
99	8KM Speed Run - Male Aged 30-39	1361	Tsang Lai Lim	曾澧鎌	0:50:01	0:49:37	
100	8KM Speed Run - Male Aged 30-39	1180	Lam Chi Tung	林志東	0:50:01	0:49:58	
101	8KM Speed Run - Male Aged 30-39	1287	Ip Wa Chung		0:50:06	0:49:37	
102	8KM Speed Run - Male Aged 30-39	1300	Tsoi Yat Sing	蔡日昇	0:50:07	0:49:08	
103	8KM Speed Run - Male Aged 30-39	1232	Tse Wai Lok		0:50:14	0:48:31	
104	8KM Speed Run - Male Aged 30-39	1261	Fu Man Sing		0:50:15	0:48:24	
105	8KM Speed Run - Male Aged 30-39	1169	Tong Chi Ho Lawrence	唐志豪	0:50:19	0:48:34	
106	8KM Speed Run - Male Aged 30-39	1177	Cheng Wai Kei	鄭偉基	0:50:19	0:49:52	
107	8KM Speed Run - Male Aged 30-39	1303	Suen Lok Hang	孫樂恒	0:50:29	0:49:19	
108	8KM Speed Run - Male Aged 30-39	1258	Ng Yat Hin		0:50:34	0:49:38	
109	8KM Speed Run - Male Aged 30-39	1895	Lau Chun Tung	劉鎮東	0:50:38	0:49:08	
110	8KM Speed Run - Male Aged 30-39	1223	Pok Kwok Wai		0:50:59	0:50:51	
111	8KM Speed Run - Male Aged 30-39	1339	Choi Yu Hei		0:51:07	0:50:15	
112	8KM Speed Run - Male Aged 30-39	1196	Chow Wing Hang		0:51:11	0:50:24	
113	8KM Speed Run - Male Aged 30-39	1405	Cheung Chun Kwan		0:51:14	0:50:19	
114	8KM Speed Run - Male Aged 30-39	1235	Chen Hongfeng	陳鴻峰	0:51:30	0:50:22	
115	8KM Speed Run - Male Aged 30-39	1358	Ho Man Lok	何文諾	0:51:46	0:49:48	
116	8KM Speed Run - Male Aged 30-39	1428	Cheng Tsz Ho		0:51:55	0:50:02	
117	8KM Speed Run - Male Aged 30-39	1282	Chung Man Kit		0:52:07	0:51:35	
118	8KM Speed Run - Male Aged 30-39	1194	Lai Sin King	黎善敬	0:52:19	0:51:32	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
119	8KM Speed Run - Male Aged 30-39	1330	Chau Waikit	周煒杰	0:52:19	0:51:14	
120	8KM Speed Run - Male Aged 30-39	1323	Yim Kai Lap		0:52:35	0:52:02	
121	8KM Speed Run - Male Aged 30-39	1275	Lee Tak Chu	李德柱	0:52:37	0:51:48	
122	8KM Speed Run - Male Aged 30-39	1328	Kwok Yiu Pun	郭耀賓	0:52:41	0:52:07	
123	8KM Speed Run - Male Aged 30-39	1254	Lam Cheuk Fai		0:52:59	0:52:39	
124	8KM Speed Run - Male Aged 30-39	1290	Cheng Kinlong	鄭	0:53:06	0:51:55	
125	8KM Speed Run - Male Aged 30-39	1305	Ho James		0:53:17	0:51:28	
126	8KM Speed Run - Male Aged 30-39	1435	Cheung Tony		0:53:32	0:53:17	
127	8KM Speed Run - Male Aged 30-39	1430	Hui Man Him		0:53:33	0:53:18	
128	8KM Speed Run - Male Aged 30-39	1395	Kwong Sheung Hoi	鄺尚開	0:53:57	0:53:35	
129	8KM Speed Run - Male Aged 30-39	1374	Lau Chun Leung		0:54:08	0:50:57	
130	8KM Speed Run - Male Aged 30-39	1384	Wong King Sang	王景生	0:54:10	0:52:48	
131	8KM Speed Run - Male Aged 30-39	1385	Yuen Chi Wo	袁志和	0:54:15	0:54:02	
132	8KM Speed Run - Male Aged 30-39	1409	Ho Chun Lok	何鎮樂	0:54:19	0:53:04	
133	8KM Speed Run - Male Aged 30-39	1378	Kwok Wing Lok		0:54:32	0:53:41	
134	8KM Speed Run - Male Aged 30-39	1276	Cheung Ho Lam	張浩霖	0:54:40	0:53:51	
135	8KM Speed Run - Male Aged 30-39	1164	Ng Chu Him Terence	吳柱謙	0:55:28	0:53:59	
136	8KM Speed Run - Male Aged 30-39	1170	Chan Wai Lok	陳偉樂	0:55:52	0:54:07	
137	8KM Speed Run - Male Aged 30-39	1173	Chan Ho Yin	陳浩然	0:56:01	0:55:06	
138	8KM Speed Run - Male Aged 30-39	1296	Chu Tak Hoi	朱德海	0:56:07	0:54:25	
139	8KM Speed Run - Male Aged 30-39	1371	Kong Ka Wai		0:56:17	0:54:45	
140	8KM Speed Run - Male Aged 30-39	1243	Chan Chun Kwok	陳俊國	0:56:18	0:54:58	
141	8KM Speed Run - Male Aged 30-39	1420	Suen Chi Lung	孫志龍	0:56:22	0:56:00	
142	8KM Speed Run - Male Aged 30-39	1297	Chan Sze Lit	陳思列	0:56:34	0:54:52	
143	8KM Speed Run - Male Aged 30-39	1252	Cheng Chi Shing	鄭資城	0:57:00	0:55:41	
144	8KM Speed Run - Male Aged 30-39	1215	Chan Chun To	陳俊濤	0:57:29	0:57:07	
145	8KM Speed Run - Male Aged 30-39	1367	Law Chung Ming		0:57:37	0:56:05	
146	8KM Speed Run - Male Aged 30-39	1289	Ho Kwan Lam	何昆霖	0:57:46	0:56:53	
147	8KM Speed Run - Male Aged 30-39	1187	Tsui Pan Ho	徐頒皓	0:58:05	0:56:16	
148	8KM Speed Run - Male Aged 30-39	1400	Ching Ho Lim		0:58:18	0:57:02	
149	8KM Speed Run - Male Aged 30-39	1199	Kwong Fu Keung	鄺富強	0:58:22	0:58:08	
150	8KM Speed Run - Male Aged 30-39	1341	Tsoi Wai Kin	蔡偉健	0:58:54	0:57:24	
151	8KM Speed Run - Male Aged 30-39	1333	Yu Ka Chun	余家俊	0:58:56	0:58:24	
152	8KM Speed Run - Male Aged 30-39	1201	Yim Chi Ho	嚴志豪	0:58:57	0:58:04	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
153	8KM Speed Run - Male Aged 30-39	1265	Tsang Kin Wai	曾健偉	0:59:06	0:58:48	
154	8KM Speed Run - Male Aged 30-39	1369	Li Chiu Hang	李釗恆	0:59:36	0:58:34	
155	8KM Speed Run - Male Aged 30-39	1167	Lam Siu Pong	林少邦	0:59:42	0:59:24	
156	8KM Speed Run - Male Aged 30-39	1251	Wong Chun Wai	黃振偉	0:59:56	0:59:29	
157	8KM Speed Run - Male Aged 30-39	1898	Yeung Ho Shing	/	0:59:56	0:58:40	
158	8KM Speed Run - Male Aged 30-39	1349	Lai Man Yeung	黎文洋	1:00:09	0:59:11	
159	8KM Speed Run - Male Aged 30-39	1326	Luk Sai Hang	陸世恒	1:00:20	0:59:46	
160	8KM Speed Run - Male Aged 30-39	1306	Tam Chi Ho	譚志豪	1:00:43	1:00:19	
161	8KM Speed Run - Male Aged 30-39	1433	Ip Chun To	葉震滔	1:00:48	1:00:33	
162	8KM Speed Run - Male Aged 30-39	1427	Chung Ka Fai	鍾嘉輝	1:00:53	0:59:44	
163	8KM Speed Run - Male Aged 30-39	1191	Chan Yik Tak	陳易德	1:00:55	0:59:56	
164	8KM Speed Run - Male Aged 30-39	1244	Fung See Yuen	馮思遠	1:00:58	1:00:01	
165	8KM Speed Run - Male Aged 30-39	1295	Tsang Lap Hoi		1:01:37	1:00:56	
166	8KM Speed Run - Male Aged 30-39	1415	Cheung Yau Shing	張祐誠	1:01:50	1:00:03	
167	8KM Speed Run - Male Aged 30-39	1154	Ngai Po Kong	魏保光	1:01:50	1:01:28	
168	8KM Speed Run - Male Aged 30-39	1362	Chow Hiu Cheng	周曉政	1:03:03	1:01:51	
169	8KM Speed Run - Male Aged 30-39	1269	Chu Hon Kit		1:03:43	1:02:41	
170	8KM Speed Run - Male Aged 30-39	1226	Shih Ka Yeung		1:03:52	1:03:10	
171	8KM Speed Run - Male Aged 30-39	1240	Wong Ho Hin	黃浩軒	1:04:08	1:03:12	
172	8KM Speed Run - Male Aged 30-39	1157	Keung Chun Ho		1:05:22	1:04:00	
173	8KM Speed Run - Male Aged 30-39	1188	Ho Steven		1:05:33	1:03:43	
174	8KM Speed Run - Male Aged 30-39	1142	Choi Yu Tung Martin	蔡汝彤	1:05:37	1:05:04	
175	8KM Speed Run - Male Aged 30-39	1376	Lau Ho Yin Tommy	劉浩賢	1:05:53	1:04:16	
176	8KM Speed Run - Male Aged 30-39	1176	Lam Chi Shing	林志成	1:07:09	1:06:45	
177	8KM Speed Run - Male Aged 30-39	1234	Chan Ka Hei		1:07:12	1:05:29	
178	8KM Speed Run - Male Aged 30-39	1184	Hui Man Sing		1:07:16	1:06:36	
179	8KM Speed Run - Male Aged 30-39	1222	Wong Man Cheong	黃敏倡	1:07:27	1:06:46	
180	8KM Speed Run - Male Aged 30-39	1337	Chan Wai Fat	陳偉發	1:07:27	1:06:45	
181	8KM Speed Run - Male Aged 30-39	1288	Lee Lok Man	李樂岷	1:07:32	1:07:01	
182	8KM Speed Run - Male Aged 30-39	1192	Tang Yat Sing		1:07:54	1:06:04	
183	8KM Speed Run - Male Aged 30-39	1403	Wong Chun Kit		1:08:21	1:07:02	
184	8KM Speed Run - Male Aged 30-39	1370	Ko Man Cham	高文湛	1:08:28	1:08:11	
185	8KM Speed Run - Male Aged 30-39	1218	Ng Hon Wah	吳漢華	1:08:53	1:07:45	
186	8KM Speed Run - Male Aged 30-39	1217	Cheng Ka Long	鄭家朗	1:08:53	1:07:45	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
187	8KM Speed Run - Male Aged 30-39	1271	Chan Kin Wing	陳建榮	1:09:13	1:08:10	
188	8KM Speed Run - Male Aged 30-39	1151	Tsang Chiu Tai		1:09:40	1:09:19	
189	8KM Speed Run - Male Aged 30-39	1354	Lau Sai Ming	劉世明	1:09:45	1:09:25	
190	8KM Speed Run - Male Aged 30-39	1299	Ming Sheung Hang		1:09:53	1:08:37	
191	8KM Speed Run - Male Aged 30-39	1225	Tang King Hong	鄧景康	1:10:23	1:08:54	
192	8KM Speed Run - Male Aged 30-39	1148	Liu Wun Tsun	廖焕浚	1:11:12	1:09:58	
193	8KM Speed Run - Male Aged 30-39	1397	Lo Hin Shing		1:11:23	1:09:02	
194	8KM Speed Run - Male Aged 30-39	1365	Yu Kei Wang	余杞浤	1:11:23	1:09:38	
195	8KM Speed Run - Male Aged 30-39	1150	Lee Lok Kuen	李樂權	1:13:58	1:13:33	
196	8KM Speed Run - Male Aged 30-39	1348	Chan Chi Leung	陳志亮	1:17:37	1:16:39	
197	8KM Speed Run - Male Aged 30-39	1214	Ho Cheuk Long	何卓朗	1:17:37	1:16:09	
198	8KM Speed Run - Male Aged 30-39	1298	Moss Keung Pui Chung	姜沛宗	1:17:37	1:16:39	
199	8KM Speed Run - Male Aged 30-39	1197	Tong Chun Keung	湯俊强	1:17:56	1:17:20	
200	8KM Speed Run - Male Aged 30-39	1432	Ng King Man	吳敬文	1:18:58	1:17:30	
201	8KM Speed Run - Male Aged 30-39	1146	Suen Sze Ching		1:24:37	1:22:42	
1	8KM Speed Run - Male Aged 40-49	1627	Lau Yiu Fun Jonathan	劉耀勳	0:29:27	0:29:27	
2	8KM Speed Run - Male Aged 40-49	1660	Chan Ka Leung	陳家樑	0:30:55	0:30:54	
3	8KM Speed Run - Male Aged 40-49	1628	Tse Chun Hung	謝振雄	0:31:35	0:31:34	
4	8KM Speed Run - Male Aged 40-49	1530	Ki Man Kin		0:32:14	0:32:12	
5	8KM Speed Run - Male Aged 40-49	1552	Leung Shau Lun		0:33:30	0:33:29	
6	8KM Speed Run - Male Aged 40-49	1667	Wong Eddy		0:33:50	0:33:48	
7	8KM Speed Run - Male Aged 40-49	1439	Wong Edward		0:34:38	0:34:36	
8	8KM Speed Run - Male Aged 40-49	1603	Pau Pui Kuen	鮑沛權	0:35:00	0:34:52	
9	8KM Speed Run - Male Aged 40-49	1668	Choy Wai Chi	蔡懷志	0:36:00	0:36:00	
10	8KM Speed Run - Male Aged 40-49	1440	Lok Yiu Hong	駱耀康	0:36:18	0:36:15	
11	8KM Speed Run - Male Aged 40-49	1497	Ho Heung Wing		0:36:32	0:36:28	
12	8KM Speed Run - Male Aged 40-49	1516	Tai Wai Ching	戴偉正	0:37:18	0:37:18	
13	8KM Speed Run - Male Aged 40-49	1539	Ng Kai Yip	吳啟業	0:37:25	0:37:17	
14	8KM Speed Run - Male Aged 40-49	1517	Yong Man Lung	翁文龍	0:37:50	0:37:12	
15	8KM Speed Run - Male Aged 40-49	1617	Cheng Tsz Chung	鄭子頌	0:38:29	0:37:23	
16	8KM Speed Run - Male Aged 40-49	1475	Wu Chun Kit Chris		0:38:54	0:38:48	
17	8KM Speed Run - Male Aged 40-49	1563	Ng Sheung Yu Chester	吳尚宇	0:38:56	0:38:51	
18	8KM Speed Run - Male Aged 40-49	1659	Kwok Wai On	郭偉安	0:38:56	0:38:44	
19	8KM Speed Run - Male Aged 40-49	1529	Au Wai Chung	區偉聰	0:39:00	0:38:47	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
20	8KM Speed Run - Male Aged 40-49	1611	Wong Kwok Yeung	黃國揚	0:39:31	0:39:15	
21	8KM Speed Run - Male Aged 40-49	1518	Chow Tsz Kin	周梓堅	0:39:37	0:39:30	
22	8KM Speed Run - Male Aged 40-49	1583	Ng Hung Kin		0:40:05	0:40:00	
23	8KM Speed Run - Male Aged 40-49	1483	Ng Siu Hong	吳兆康	0:40:17	0:39:44	
24	8KM Speed Run - Male Aged 40-49	1625	Mok Kai Chiu	莫啟超	0:40:20	0:39:23	
25	8KM Speed Run - Male Aged 40-49	1558	Chan Yu Kin	陳宇鍵	0:40:21	0:38:58	
26	8KM Speed Run - Male Aged 40-49	1585	Li Ching Hang		0:40:41	0:40:37	
27	8KM Speed Run - Male Aged 40-49	1564	Lee Chun Kiu Kevin		0:40:42	0:40:36	
28	8KM Speed Run - Male Aged 40-49	1666	Chan Adam		0:40:54	0:39:14	
29	8KM Speed Run - Male Aged 40-49	1902	Leung Sai Kwan Chris		0:40:58	0:39:57	
30	8KM Speed Run - Male Aged 40-49	1559	Ng Ka Ho	吳	0:41:07	0:40:38	
31	8KM Speed Run - Male Aged 40-49	1550	Shing Gary		0:41:22	0:41:17	
32	8KM Speed Run - Male Aged 40-49	1630	Wong Sze Ho	黃思濠	0:41:33	0:41:16	
33	8KM Speed Run - Male Aged 40-49	1438	Tsang Germain Ming Cheung	曾銘璋	0:41:39	0:41:35	
34	8KM Speed Run - Male Aged 40-49	1670	Chan Chi Fai		0:42:06	0:40:23	
35	8KM Speed Run - Male Aged 40-49	1523	Wong Kuen	王權	0:42:14	0:42:09	
36	8KM Speed Run - Male Aged 40-49	1525	Wong Chun Yu	黄振汝	0:42:27	0:42:09	
37	8KM Speed Run - Male Aged 40-49	1447	Cheung Chun Ho	張俊豪	0:42:35	0:42:25	
38	8KM Speed Run - Male Aged 40-49	1581	Ng Wai Leung		0:42:47	0:42:35	
39	8KM Speed Run - Male Aged 40-49	1612	Chan Wing Kin	陳永健	0:42:55	0:42:40	
40	8KM Speed Run - Male Aged 40-49	1901	Yiu Wai Kei	姚偉基	0:43:02	0:42:26	
41	8KM Speed Run - Male Aged 40-49	1623	Lok Kin Ping		0:43:25	0:42:24	
42	8KM Speed Run - Male Aged 40-49	1524	Chan Kai Yin		0:43:38	0:42:08	
43	8KM Speed Run - Male Aged 40-49	1669	Fok Kin Fung	霍建楓	0:43:49	0:43:24	
44	8KM Speed Run - Male Aged 40-49	1619	Yau Chi Sin	丘智善	0:44:01	0:42:55	
45	8KM Speed Run - Male Aged 40-49	1460	Leung Chung Ho		0:44:05	0:42:57	
46	8KM Speed Run - Male Aged 40-49	1638	Yu Hung San	余鴻新	0:44:18	0:43:05	
47	8KM Speed Run - Male Aged 40-49	1621	Chan Ka Sing	陳家聲	0:44:31	0:43:25	
48	8KM Speed Run - Male Aged 40-49	1644	Lau Cheuk Lam	劉卓霖	0:44:38	0:42:51	
49	8KM Speed Run - Male Aged 40-49	1556	Yeung Yuen Keung	楊遠強	0:44:45	0:43:12	
50	8KM Speed Run - Male Aged 40-49	1654	Lee Kwok Kit	李國傑	0:44:52	0:43:02	
51	8KM Speed Run - Male Aged 40-49	1657	Yung Wing Lun	翁泳麟	0:44:59	0:43:58	
52	8KM Speed Run - Male Aged 40-49	1648	Yeung Chi Yip	楊志業	0:45:07	0:44:36	
53	8KM Speed Run - Male Aged 40-49	1498	Ng Cheuk Kei	吳卓基	0:45:08	0:44:23	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
54	8KM Speed Run - Male Aged 40-49	1509	Chu Ho Ming	朱浩銘	0:45:22	0:44:43	
55	8KM Speed Run - Male Aged 40-49	1480	Wat Wun Pan	屈煥彬	0:45:53	0:43:45	
56	8KM Speed Run - Male Aged 40-49	1664	Li Sze Lok	李思諾	0:46:12	0:45:25	
57	8KM Speed Run - Male Aged 40-49	1582	Cheng William		0:46:15	0:45:06	
58	8KM Speed Run - Male Aged 40-49	1665	Chan Kang Mo	陳耿武	0:46:18	0:46:05	
59	8KM Speed Run - Male Aged 40-49	1574	Lai Chun Wai		0:46:30	0:46:02	
60	8KM Speed Run - Male Aged 40-49	1610	Yung Hon Wai	翁漢威	0:46:49	0:45:49	
61	8KM Speed Run - Male Aged 40-49	1606	Cheung Chi Wai	張志偉	0:46:57	0:46:33	
62	8KM Speed Run - Male Aged 40-49	1637	Cheung Ka Chun	張家俊	0:47:06	0:45:24	
63	8KM Speed Run - Male Aged 40-49	1608	Leung Man Kin	梁文健	0:47:35	0:46:54	
64	8KM Speed Run - Male Aged 40-49	1658	Chong Chi Kuen	莊志權	0:47:44	0:47:16	
65	8KM Speed Run - Male Aged 40-49	1613	Tsang Lok Man	曾洛文	0:48:00	0:47:01	
66	8KM Speed Run - Male Aged 40-49	1458	Ho Chi Fung Clarence	何志豐	0:48:02	0:47:51	
67	8KM Speed Run - Male Aged 40-49	1607	Leung Yue Wun		0:48:02	0:46:27	
68	8KM Speed Run - Male Aged 40-49	1601	Wan Wai Sum	溫偉森	0:48:10	0:48:04	
69	8KM Speed Run - Male Aged 40-49	1632	Leung Wing Kwan		0:48:18	0:47:50	
70	8KM Speed Run - Male Aged 40-49	1544	Shek Kai Chung	石啟聰	0:48:31	0:48:09	
71	8KM Speed Run - Male Aged 40-49	1468	Wong Chun Wai	黃俊偉	0:48:45	0:47:39	
72	8KM Speed Run - Male Aged 40-49	1642	Chan Pak Kin	陳栢健	0:48:45	0:48:43	
73	8KM Speed Run - Male Aged 40-49	1542	Fung Ka Wing	馮家榮	0:48:49	0:47:56	
74	8KM Speed Run - Male Aged 40-49	1446	Choi Po Wai	蔡寶偉	0:48:53	0:48:44	
75	8KM Speed Run - Male Aged 40-49	1514	Chow Kim Ming	周劍明	0:48:57	0:47:41	
76	8KM Speed Run - Male Aged 40-49	1521	Cheung Cheuk Fung Henry		0:49:22	0:48:23	
77	8KM Speed Run - Male Aged 40-49	1551	Chiang Hong Hin	鄭鴻軒	0:49:23	0:48:49	
78	8KM Speed Run - Male Aged 40-49	1620	Mok Chit Man Benjamin		0:49:56	0:49:03	
79	8KM Speed Run - Male Aged 40-49	1677	Fung Poon Shun	馮本迅	0:50:14	0:49:57	
80	8KM Speed Run - Male Aged 40-49	1592	Wong Pui Man Keith	黃沛文	0:50:20	0:50:04	
81	8KM Speed Run - Male Aged 40-49	1466	Cheng Chun Ming	鄭震民	0:50:21	0:49:55	
82	8KM Speed Run - Male Aged 40-49	1578	Wong Wai Ching	黃韋正	0:50:27	0:49:16	
83	8KM Speed Run - Male Aged 40-49	1557	Wu Siu Lok	胡少樂	0:50:43	0:49:11	
84	8KM Speed Run - Male Aged 40-49	1501	Siu Cho Yee Joey	蕭祖貽	0:50:49	0:49:51	
85	8KM Speed Run - Male Aged 40-49	1488	Leung Chin Kwan	梁展坤	0:50:50	0:50:34	
86	8KM Speed Run - Male Aged 40-49	1609	Lo Shing Pan		0:51:02	0:50:32	
87	8KM Speed Run - Male Aged 40-49	1478	Yau Wai Leung	邱偉樑	0:51:03	0:50:43	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
88	8KM Speed Run - Male Aged 40-49	1441	Hui Wai Choi	許偉才	0:51:27	0:50:56	
89	8KM Speed Run - Male Aged 40-49	1455	Lee Man Ho		0:51:33	0:50:03	
90	8KM Speed Run - Male Aged 40-49	1569	Chan Sum Wing		0:51:40	0:50:28	
91	8KM Speed Run - Male Aged 40-49	1485	Wong Yat Lung	黃一龍	0:51:41	0:51:35	
92	8KM Speed Run - Male Aged 40-49	1545	Kong Siu Ki	江兆基	0:51:52	0:50:14	
93	8KM Speed Run - Male Aged 40-49	1496	Ryan Cheng		0:52:05	0:51:50	
94	8KM Speed Run - Male Aged 40-49	1568	Wong Tony		0:52:11	0:51:10	
95	8KM Speed Run - Male Aged 40-49	1602	Lin Hoi Kit	連海傑	0:52:15	0:50:38	
96	8KM Speed Run - Male Aged 40-49	1454	Chan Yu San	陳宇申	0:52:16	0:50:39	
97	8KM Speed Run - Male Aged 40-49	1538	Chiu Kai Ho	趙啓豪	0:52:25	0:52:13	
98	8KM Speed Run - Male Aged 40-49	1507	Lam Kin Ming	林健明	0:52:33	0:51:32	
99	8KM Speed Run - Male Aged 40-49	1500	Ng Shu Tung	吳樹東	0:52:36	0:50:57	
100	8KM Speed Run - Male Aged 40-49	1527	Wong Wai Keung	王偉强	0:52:42	0:52:08	
101	8KM Speed Run - Male Aged 40-49	1643	Lam Ma Leong	林文亮	0:52:50	0:52:39	
102	8KM Speed Run - Male Aged 40-49	1589	Chan King Yip	陳敬業	0:52:53	0:52:44	
103	8KM Speed Run - Male Aged 40-49	1595	Ma Chun Ting	馬振霆	0:53:18	0:53:00	
104	8KM Speed Run - Male Aged 40-49	1486	Lam Chun Kit		0:53:23	0:52:10	
105	8KM Speed Run - Male Aged 40-49	1675	Chan Kam Wing Eric	陳錦榮	0:53:27	0:51:53	
106	8KM Speed Run - Male Aged 40-49	1541	Leung Yat Man	梁日文	0:53:33	0:51:56	
107	8KM Speed Run - Male Aged 40-49	1535	Liu Chun Sum	柳俊森	0:53:35	0:53:26	
108	8KM Speed Run - Male Aged 40-49	1474	Wong Chi Hang	王志恒	0:53:38	0:53:18	
109	8KM Speed Run - Male Aged 40-49	1626	Law Kwok Hoo		0:53:45	0:53:24	
110	8KM Speed Run - Male Aged 40-49	1565	Chau Tsz Wai		0:53:58	0:53:32	
111	8KM Speed Run - Male Aged 40-49	1600	So Tsz Kin	蘇子健	0:54:14	0:53:28	
112	8KM Speed Run - Male Aged 40-49	1634	Mak Ho Yin	麥浩然	0:54:50	0:53:20	
113	8KM Speed Run - Male Aged 40-49	1451	Chan Yui Pun Benny	陳銳贇	0:54:55	0:54:49	
114	8KM Speed Run - Male Aged 40-49	1472	Leung Chi Kin		0:55:21	0:54:42	
115	8KM Speed Run - Male Aged 40-49	1587	Wong Wai Shun	黃偉信	0:55:27	0:54:08	
116	8KM Speed Run - Male Aged 40-49	1505	Wong Chun	王震	0:55:29	0:54:44	
117	8KM Speed Run - Male Aged 40-49	1489	Tam Kin Wai	譚建威	0:55:33	0:55:16	
118	8KM Speed Run - Male Aged 40-49	1652	Yip Man Kit	葉文傑	0:55:47	0:55:12	
119	8KM Speed Run - Male Aged 40-49	1490	Tam Zhi Gang	譚志剛	0:55:58	0:55:17	
120	8KM Speed Run - Male Aged 40-49	1471	Lam Chi Kin	林志堅	0:55:59	0:54:42	
121	8KM Speed Run - Male Aged 40-49	1450	Chan Ka Leung		0:56:12	0:55:45	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
122	8KM Speed Run - Male Aged 40-49	1647	Chu Wai Kit	朱偉傑	0:56:13	0:55:15	
123	8KM Speed Run - Male Aged 40-49	1656	Lam Wai Man		0:56:24	0:54:34	
124	8KM Speed Run - Male Aged 40-49	1596	Chu Chau Ngai	朱 秋藝	0:56:36	0:56:17	
125	8KM Speed Run - Male Aged 40-49	1575	Chu Tin Ho	朱天昊	0:56:51	0:56:25	
126	8KM Speed Run - Male Aged 40-49	1640	lp Koon Nam	葉冠南	0:56:53	0:53:31	
127	8KM Speed Run - Male Aged 40-49	1504	Chan Kin Wang	陳建宏	0:57:19	0:56:53	
128	8KM Speed Run - Male Aged 40-49	1896	Yik Ming Tak Augustine	/	0:57:29	0:56:27	
129	8KM Speed Run - Male Aged 40-49	1598	Tang Kwok Wing		0:57:50	0:56:34	
130	8KM Speed Run - Male Aged 40-49	1515	Chiu Man Kit	趙文杰	0:57:52	0:56:22	
131	8KM Speed Run - Male Aged 40-49	1801	Chu Kai Wing	朱啟榮	0:58:22	0:56:54	
132	8KM Speed Run - Male Aged 40-49	1673	Lai Chi Wo	黎志和	0:58:26	0:57:46	
133	8KM Speed Run - Male Aged 40-49	1579	Wong Yuen Wai	黃遠威	0:58:58	0:58:38	
134	8KM Speed Run - Male Aged 40-49	1614	Mah Tin Hong	馬天航	0:59:03	0:58:22	
135	8KM Speed Run - Male Aged 40-49	1444	Ao Hon Seng	歐漢成	0:59:27	0:58:14	
136	8KM Speed Run - Male Aged 40-49	1445	Chan Chi Kin Jose	陳子健	0:59:29	0:58:15	
137	8KM Speed Run - Male Aged 40-49	1671	Lo Chi Wai	羅志偉	0:59:30	0:58:04	
138	8KM Speed Run - Male Aged 40-49	1570	Chan Louis	陳樂儒	0:59:49	0:58:30	
139	8KM Speed Run - Male Aged 40-49	1531	Liu Jason	劉江龍	1:00:02	0:59:15	
140	8KM Speed Run - Male Aged 40-49	1508	Chan Tsz Kin		1:00:06	0:59:11	
141	8KM Speed Run - Male Aged 40-49	1499	Yau Koon Chung	邱冠聰	1:00:38	0:59:55	
142	8KM Speed Run - Male Aged 40-49	1591	Chow Wa Kwun		1:00:49	0:58:57	
143	8KM Speed Run - Male Aged 40-49	1624	Lee Hok Hin	李學憲	1:00:54	0:58:56	
144	8KM Speed Run - Male Aged 40-49	1492	Choi Wan Yan	蔡雲欽	1:01:04	0:59:35	
145	8KM Speed Run - Male Aged 40-49	1590	Lai Chi Ho	黎志濠	1:01:26	0:59:30	
146	8KM Speed Run - Male Aged 40-49	1631	Lam Wing Fung	林永鋒	1:01:35	1:01:27	
147	8KM Speed Run - Male Aged 40-49	1493	Siu Chung Kong	蕭仲剛	1:01:43	1:01:07	
148	8KM Speed Run - Male Aged 40-49	1662	Chan Ping Sing		1:01:44	1:00:29	
149	8KM Speed Run - Male Aged 40-49	1639	Tsang Chun Yu	曾震宇	1:01:56	1:00:27	
150	8KM Speed Run - Male Aged 40-49	1484	Ho Ka Hang		1:02:19	1:01:43	
151	8KM Speed Run - Male Aged 40-49	1453	Mr Chu Ming	朱先生	1:02:31	1:01:24	
152	8KM Speed Run - Male Aged 40-49	1663	So Man Shing	蘇萬成	1:02:40	1:01:23	
153	8KM Speed Run - Male Aged 40-49	1437	Wong Ka Fai	黃嘉輝	1:03:00	1:02:21	
154	8KM Speed Run - Male Aged 40-49	1511	Wai Chi Pok Billy	韋志博	1:03:24	1:02:47	
155	8KM Speed Run - Male Aged 40-49	1676	Yeung Fu Hang	楊富恒	1:03:37	1:02:04	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
156	8KM Speed Run - Male Aged 40-49	1463	Yim Michael	嚴子閣	1:04:45	1:04:14	
157	8KM Speed Run - Male Aged 40-49	1547	Keung Hei Yin Roy	姜曦然	1:04:52	1:03:51	
158	8KM Speed Run - Male Aged 40-49	1506	Kwok Kai Wah	郭啓華	1:05:12	1:04:17	
159	8KM Speed Run - Male Aged 40-49	1522	Lam Chun Fai		1:05:38	1:04:12	
160	8KM Speed Run - Male Aged 40-49	1456	Wong Chik Shun Jackson	黃積信	1:06:04	1:05:11	
161	8KM Speed Run - Male Aged 40-49	1618	Kuan Kei Cheong	關淇樟	1:06:12	1:05:24	
162	8KM Speed Run - Male Aged 40-49	1536	Chu Yan Sze Kelvin	朱殷仕	1:06:50	1:06:09	
163	8KM Speed Run - Male Aged 40-49	1576	Fan Ka Ho	范家豪	1:06:50	1:06:25	
164	8KM Speed Run - Male Aged 40-49	1641	Wong Sai Wan	黃世運	1:07:11	1:05:48	
165	8KM Speed Run - Male Aged 40-49	1650	Fong Fu Fai	方富輝	1:07:23	1:06:26	
166	8KM Speed Run - Male Aged 40-49	1649	Cheung Fai	張暉	1:07:23	1:06:26	
167	8KM Speed Run - Male Aged 40-49	1674	Chui Shiu Fai	徐紹輝	1:07:24	1:06:00	
168	8KM Speed Run - Male Aged 40-49	1646	Tsui Ka Lok	崔家樂	1:07:38	1:07:02	
169	8KM Speed Run - Male Aged 40-49	1491	Li Pak Hong	李百康	1:08:04	1:07:18	
170	8KM Speed Run - Male Aged 40-49	1605	Wong Wai Lung Philip	黃偉龍	1:09:21	1:09:05	
171	8KM Speed Run - Male Aged 40-49	1645	Lam Wai Keung		1:09:21	1:08:51	
172	8KM Speed Run - Male Aged 40-49	1597	Cheung Kam Sing	張錦勝	1:10:16	1:09:17	
173	8KM Speed Run - Male Aged 40-49	1477	Wong Jan		1:10:35	1:09:29	
174	8KM Speed Run - Male Aged 40-49	1562	Luk Chin Ho		1:11:23	1:10:23	
175	8KM Speed Run - Male Aged 40-49	1436	Pang Chung Keung		1:11:43	1:11:39	
176	8KM Speed Run - Male Aged 40-49	1476	Kwok Wai Lung		1:12:05	1:10:13	
177	8KM Speed Run - Male Aged 40-49	1513	Lo Ka Cheong	盧家昌	1:12:44	1:11:14	
178	8KM Speed Run - Male Aged 40-49	1573	Yeung Sun Kit	楊新傑	1:13:04	1:12:11	
179	8KM Speed Run - Male Aged 40-49	1510	Chung Wing Chi		1:15:25	1:14:04	
180	8KM Speed Run - Male Aged 40-49	1459	Lai Chi Kin	黎志堅	1:15:40	1:14:30	
181	8KM Speed Run - Male Aged 40-49	1577	Lee Ho Yin	李豪賢	1:16:29	1:16:04	
182	8KM Speed Run - Male Aged 40-49	1532	Chan Chi Kei	陳志基	1:17:12	1:15:52	
183	8KM Speed Run - Male Aged 40-49	1487	Nam Wai Bun		1:18:43	1:18:08	
184	8KM Speed Run - Male Aged 40-49	1651	Hui Chi Fai	許智飛	1:23:24	1:22:44	
185	8KM Speed Run - Male Aged 40-49	1622	Wong Tsz Kin	黄子健	1:23:40	1:22:59	
DNF	8KM Speed Run - Male Aged 40-49	1520	Cheung Ka Man				
DQ	8KM Speed Run - Male Aged 40-49	1543	Sze Hon Ho	施漢豪			Wrong Start
1	8KM Speed Run - Male Aged 50-59	1812	Lee Wai On	李偉安	0:32:07	0:32:07	
2	8KM Speed Run - Male Aged 50-59	1775	Lui Tony	呂振強	0:33:13	0:33:09	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
3	8KM Speed Run - Male Aged 50-59	1741	Wong Sze Chun	黃斯俊	0:33:28	0:33:27	
4	8KM Speed Run - Male Aged 50-59	1798	Kwong Wai Ming	鄺維銘	0:33:32	0:33:32	
5	8KM Speed Run - Male Aged 50-59	1685	Lee Kar Lok		0:33:43	0:33:42	
6	8KM Speed Run - Male Aged 50-59	1735	Wu Pak Lai		0:34:10	0:34:03	
7	8KM Speed Run - Male Aged 50-59	1781	Lam Kwok Wut	林國活	0:34:16	0:34:08	
8	8KM Speed Run - Male Aged 50-59	1682	Chaw Hing Wa	周興華	0:34:20	0:34:20	
9	8KM Speed Run - Male Aged 50-59	1840	Lam Tat Chi	林達智	0:34:59	0:34:59	
10	8KM Speed Run - Male Aged 50-59	1805	Yip Kam Kwong	葉錦光	0:35:00	0:35:00	
11	8KM Speed Run - Male Aged 50-59	1704	Lam Wing Hong	林永康	0:35:23	0:35:23	
12	8KM Speed Run - Male Aged 50-59	1771	Chong Yuk Piu	鍾旭彪	0:36:29	0:36:22	
13	8KM Speed Run - Male Aged 50-59	1802	Li Chung Kwong	李從廣	0:36:45	0:36:43	
14	8KM Speed Run - Male Aged 50-59	1765	Cheung Chi Man		0:37:02	0:36:49	
15	8KM Speed Run - Male Aged 50-59	1794	Li Kevin		0:37:11	0:37:00	
16	8KM Speed Run - Male Aged 50-59	1756	Lau Alex	劉偉達	0:37:20	0:37:16	
17	8KM Speed Run - Male Aged 50-59	1753	Lau Kwong Fai Anders		0:37:22	0:37:18	
18	8KM Speed Run - Male Aged 50-59	1829	Chan Chit Ming		0:38:02	0:37:07	
19	8KM Speed Run - Male Aged 50-59	1708	Kan Tak Wai	簡德威	0:38:49	0:38:26	
20	8KM Speed Run - Male Aged 50-59	1707	Lee Kai Sing	李啟城	0:38:54	0:38:54	
21	8KM Speed Run - Male Aged 50-59	1709	Mak Chi Fai	麥志輝	0:38:59	0:38:25	
22	8KM Speed Run - Male Aged 50-59	1690	Fong Wai Sing	方維成	0:39:28	0:39:26	
23	8KM Speed Run - Male Aged 50-59	1702	Lam Chi Kin	林志健	0:39:34	0:39:32	
24	8KM Speed Run - Male Aged 50-59	1834	Fu Eric	傅厚達	0:40:10	0:39:50	
25	8KM Speed Run - Male Aged 50-59	1816	Yung Sun Pui	容新培	0:42:17	0:42:07	
26	8KM Speed Run - Male Aged 50-59	1807	Ko Siu Keung	高兆強	0:42:27	0:42:06	
27	8KM Speed Run - Male Aged 50-59	1726	Leung Fai		0:42:32	0:41:55	
28	8KM Speed Run - Male Aged 50-59	1838	Wong Man Wai	黃文偉	0:43:07	0:42:50	
29	8KM Speed Run - Male Aged 50-59	1837	Ho Shu Tong	何樹棠	0:43:24	0:43:12	
30	8KM Speed Run - Male Aged 50-59	1763	Ho Chi Chun		0:43:41	0:43:38	
31	8KM Speed Run - Male Aged 50-59	1754	Chan Lawrence		0:43:41	0:43:09	
32	8KM Speed Run - Male Aged 50-59	1830	lp Kin Pong	葉建邦	0:43:55	0:43:41	
33	8KM Speed Run - Male Aged 50-59	1739	Lau Chun Wai	劉振偉	0:44:07	0:43:34	
34	8KM Speed Run - Male Aged 50-59	1730	Mak Yuet Hang	麥悅恒	0:44:32	0:43:53	
35	8KM Speed Run - Male Aged 50-59	1793	Lo Wing Hong	盧永康	0:45:01	0:44:50	
36	8KM Speed Run - Male Aged 50-59	1783	Yip Wing Ho	葉頴豪	0:45:46	0:45:42	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
37	8KM Speed Run - Male Aged 50-59	1699	Leung John	梁翰莊	0:46:06	0:45:37	
38	8KM Speed Run - Male Aged 50-59	1768	Cheng Oscar	鄭志成	0:46:27	0:46:09	
39	8KM Speed Run - Male Aged 50-59	1785	Leung Sun Yuen Raymond	梁新源	0:46:45	0:46:01	
40	8KM Speed Run - Male Aged 50-59	1791	Lo Kenny		0:47:23	0:46:04	
41	8KM Speed Run - Male Aged 50-59	1835	Wong Wah Po Ellis	黃華寶	0:47:28	0:47:20	
42	8KM Speed Run - Male Aged 50-59	1814	Fong Wai Keung Chris	方偉強	0:47:41	0:47:10	
43	8KM Speed Run - Male Aged 50-59	1755	Ng Kwok Chuen	吳國全	0:47:51	0:47:06	
44	8KM Speed Run - Male Aged 50-59	1815	Yeung Chun Wai		0:48:07	0:47:52	
45	8KM Speed Run - Male Aged 50-59	1795	Lee Johnson		0:48:33	0:48:22	
46	8KM Speed Run - Male Aged 50-59	1695	Lam Chung Man	藍仲文	0:48:37	0:47:53	
47	8KM Speed Run - Male Aged 50-59	1823	Lai Chi Keung	賴智強	0:48:52	0:47:18	
48	8KM Speed Run - Male Aged 50-59	1803	Yuen Chung Man	袁頌文	0:48:57	0:48:42	
49	8KM Speed Run - Male Aged 50-59	1887	Chiu Wai Yip	招偉業	0:48:58	0:48:51	
50	8KM Speed Run - Male Aged 50-59	1808	Cheung Kin Kay	張健基	0:49:22	0:49:00	
51	8KM Speed Run - Male Aged 50-59	1680	Cheung Yau Cheong	張佑昌	0:49:47	0:49:15	
52	8KM Speed Run - Male Aged 50-59	1788	Chau Ki Ho	周其浩	0:49:48	0:49:32	
53	8KM Speed Run - Male Aged 50-59	1770	Lou Emmuel	劉定發	0:49:52	0:48:39	
54	8KM Speed Run - Male Aged 50-59	1825	Chong Hok Man		0:50:00	0:49:37	
55	8KM Speed Run - Male Aged 50-59	1822	Law Wun Sheung	羅煥上	0:50:00	0:48:26	
56	8KM Speed Run - Male Aged 50-59	1774	Ling Chak Piu William		0:50:34	0:48:54	
57	8KM Speed Run - Male Aged 50-59	1751	Ho Chun Wing	何振榮	0:50:46	0:49:10	
58	8KM Speed Run - Male Aged 50-59	1743	Tam Hok Leung Alan	譚學良	0:50:46	0:49:11	
59	8KM Speed Run - Male Aged 50-59	1769	Wong Kwok Wing	黃國榮	0:51:04	0:49:52	
60	8KM Speed Run - Male Aged 50-59	1684	Chow Chung Lai		0:51:16	0:51:04	
61	8KM Speed Run - Male Aged 50-59	1706	Pang Tin Chi	彭天池	0:51:32	0:51:08	
62	8KM Speed Run - Male Aged 50-59	1703	Tsang Richard	曾熾盛	0:51:51	0:51:20	
63	8KM Speed Run - Male Aged 50-59	1900	Luey Ho Yin	呂浩然	0:52:13	0:52:00	
64	8KM Speed Run - Male Aged 50-59	1890	Lee Ka Him	/	0:52:30	0:51:24	
65	8KM Speed Run - Male Aged 50-59	1713	Chan Chi Yung	陳自勇	0:52:36	0:50:59	
66	8KM Speed Run - Male Aged 50-59	1752	Li Wai Pang	李偉鵬	0:52:54	0:51:18	
67	8KM Speed Run - Male Aged 50-59	1749	Chak Chi Kwan		0:53:11	0:52:46	
68	8KM Speed Run - Male Aged 50-59	1681	Leung Pong		0:53:24	0:51:30	
69	8KM Speed Run - Male Aged 50-59	1819	Leung Wah	梁華	0:53:46	0:52:09	
70	8KM Speed Run - Male Aged 50-59	1733	Lam Sai Chung	林世聰	0:54:11	0:53:34	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
71	8KM Speed Run - Male Aged 50-59	1810	Lam Kwok Wah Billy	林國華	0:54:21	0:53:59	
72	8KM Speed Run - Male Aged 50-59	1725	Kwok Ka Pong	郭嘉邦	0:54:29	0:53:27	
73	8KM Speed Run - Male Aged 50-59	1750	Cheung Kwei Wing Joe	張貴榮	0:54:40	0:53:05	
74	8KM Speed Run - Male Aged 50-59	1799	Ng Chi Fat	吳智發	0:54:48	0:53:50	
75	8KM Speed Run - Male Aged 50-59	1767	Kwong Chi Wai	鄺志偉	0:54:51	0:54:36	
76	8KM Speed Run - Male Aged 50-59	1745	Kwok On Cheng		0:55:03	0:53:51	
77	8KM Speed Run - Male Aged 50-59	1809	Cheung Chi Kwong	張志廣	0:55:24	0:55:02	
78	8KM Speed Run - Male Aged 50-59	1716	Tsang Kwok Wai	曾國偉	0:55:25	0:53:53	
79	8KM Speed Run - Male Aged 50-59	1779	Chan Kwan	陳	0:55:49	0:54:08	
80	8KM Speed Run - Male Aged 50-59	1692	Pak Chi Hung	畢子鴻	0:56:12	0:55:29	
81	8KM Speed Run - Male Aged 50-59	1744	Wong Hoi Ngam	黃海岩	0:56:26	0:56:12	
82	8KM Speed Run - Male Aged 50-59	1813	Chan Lui Kwong	陳雷光	0:56:33	0:55:56	
83	8KM Speed Run - Male Aged 50-59	1687	Lui Man Kit		0:57:06	0:55:09	
84	8KM Speed Run - Male Aged 50-59	1747	Chu Widson		0:57:11	0:55:29	
85	8KM Speed Run - Male Aged 50-59	1778	Sin Wai Man	冼偉文	0:57:38	0:57:29	
86	8KM Speed Run - Male Aged 50-59	1820	Chan Chi Ping Jacky	陳志平	0:58:34	0:57:33	
87	8KM Speed Run - Male Aged 50-59	1748	Ng Chi Ki	吳志祺	0:58:35	0:57:01	
88	8KM Speed Run - Male Aged 50-59	1818	Cheng Ying Yam	鄭應欽	0:58:47	0:57:11	
89	8KM Speed Run - Male Aged 50-59	1714	Hui Wah Kong Joe	許華港	0:59:02	0:57:46	
90	8KM Speed Run - Male Aged 50-59	1746	Li Trevor		0:59:06	0:58:29	
91	8KM Speed Run - Male Aged 50-59	1839	Lee Hon Sum		0:59:08	0:58:41	
92	8KM Speed Run - Male Aged 50-59	1721	Lo Yiu San	盧耀新	0:59:28	0:59:06	
93	8KM Speed Run - Male Aged 50-59	1688	Toh St		0:59:38	0:58:56	
94	8KM Speed Run - Male Aged 50-59	1782	Chang George		1:00:06	0:59:35	
95	8KM Speed Run - Male Aged 50-59	1694	Yeong Ka Po Alex		1:00:35	0:59:50	
96	8KM Speed Run - Male Aged 50-59	1723	Chung Wai Tong	鍾偉棠	1:01:20	1:01:08	
97	8KM Speed Run - Male Aged 50-59	1832	Ngan Cheong Fat Joey	顏昌發	1:01:21	1:00:52	
98	8KM Speed Run - Male Aged 50-59	1700	Cheng Yuk Hung		1:02:11	1:01:32	
99	8KM Speed Run - Male Aged 50-59	1826	Chan Chi Wai		1:02:57	1:02:37	
100	8KM Speed Run - Male Aged 50-59	1821	Lam Wai Lung	林偉龍	1:03:01	1:02:52	
101	8KM Speed Run - Male Aged 50-59	1841	Sek Siu Kee Ken	石少旗	1:03:26	1:02:02	
102	8KM Speed Run - Male Aged 50-59	1759	Lam Kam Chuen		1:03:37	1:02:04	
103	8KM Speed Run - Male Aged 50-59	1729	Ching Yan Chau	程潤秋	1:03:51	1:02:20	
104	8KM Speed Run - Male Aged 50-59	1789	Chan Chi Shing	陳志成	1:04:18	1:02:46	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
105	8KM Speed Run - Male Aged 50-59	1717	Chung Kwok Keung	鍾國強	1:04:31	1:03:45	
106	8KM Speed Run - Male Aged 50-59	1760	Ip Wai Hung	葉偉鴻	1:05:24	1:04:21	
107	8KM Speed Run - Male Aged 50-59	1787	Mok Lam Bun	莫林濱	1:05:59	1:04:22	
108	8KM Speed Run - Male Aged 50-59	1764	Lee Chun Ho	李振豪	1:06:48	1:06:35	
109	8KM Speed Run - Male Aged 50-59	1891	Li Shi Ming	/	1:07:12	1:06:02	
110	8KM Speed Run - Male Aged 50-59	1797	Lau Ivan		1:07:15	1:05:30	
111	8KM Speed Run - Male Aged 50-59	1894	Wong Ming Shun	黃明信	1:07:29	1:06:45	
112	8KM Speed Run - Male Aged 50-59	1790	Ching Yin Sang	鄭燕生	1:07:50	1:06:50	
113	8KM Speed Run - Male Aged 50-59	1712	Law Man Ho	羅文浩	1:08:08	1:06:24	
114	8KM Speed Run - Male Aged 50-59	1817	Chong Tak Wai	莊德偉	1:08:32	1:07:53	
115	8KM Speed Run - Male Aged 50-59	1732	Chen Bao Tien		1:09:29	1:09:08	
116	8KM Speed Run - Male Aged 50-59	1701	Lee Tsz Lin Lin		1:10:00	1:09:23	
117	8KM Speed Run - Male Aged 50-59	1705	Chow Man Hin	周文顯	1:10:02	1:08:34	
118	8KM Speed Run - Male Aged 50-59	1836	Lai Chi Him	黎子謙	1:10:25	1:08:59	
119	8KM Speed Run - Male Aged 50-59	1831	Sin Yau Keung	冼有強	1:10:31	1:09:36	
120	8KM Speed Run - Male Aged 50-59	1766	Yu Kwok Hung	余國雄	1:11:51	1:11:30	
121	8KM Speed Run - Male Aged 50-59	1727	Wong King Kwong		1:12:49	1:12:22	
122	8KM Speed Run - Male Aged 50-59	1786	Lam Wai Tak	林偉德	1:13:32	1:12:48	
123	8KM Speed Run - Male Aged 50-59	1800	Cheung Chris		1:13:51	1:12:06	
124	8KM Speed Run - Male Aged 50-59	1811	Li Hiu		1:14:29	1:14:17	
125	8KM Speed Run - Male Aged 50-59	1731	Tang Siu Kiu Lawrence	鄧兆僑	1:15:44	1:14:22	
126	8KM Speed Run - Male Aged 50-59	1804	Tsui Wing Man	徐永民	1:16:33	1:14:40	
127	8KM Speed Run - Male Aged 50-59	1678	Tin Kwok Chung Martin	田國忠	1:17:10	1:16:58	
128	8KM Speed Run - Male Aged 50-59	1711	Woo Dick Wai	胡狄偉	1:18:20	1:16:36	
129	8KM Speed Run - Male Aged 50-59	1718	Lin Wing Kit	林榮傑	1:19:23	1:18:37	
130	8KM Speed Run - Male Aged 50-59	1719	Cheung Kwok Tung	張國東	1:19:23	1:18:39	
131	8KM Speed Run - Male Aged 50-59	1691	Lau Chun Kit	劉俊傑	1:22:26	1:21:44	
1	8KM Speed Run - Male Aged 60 or above	1849	Pun Siu Kai		0:39:32	0:39:29	
2	8KM Speed Run - Male Aged 60 or above	1876	Chan Chi Ming	陳志明	0:40:31	0:40:28	
3	8KM Speed Run - Male Aged 60 or above	1881	Chiang Wing On	蔣永安	0:41:18	0:41:14	
4	8KM Speed Run - Male Aged 60 or above	1850	Chu Pok Man	朱博民	0:42:15	0:42:13	
5	8KM Speed Run - Male Aged 60 or above	1871	Choi Long Shan	蔡朗山	0:44:17	0:44:10	
6	8KM Speed Run - Male Aged 60 or above	1845	Man Keung Cheng	鄭敏強	0:45:10	0:45:01	
7	8KM Speed Run - Male Aged 60 or above	1847	Au Kwok Man	區國文	0:45:21	0:45:06	

Category Position	Category	Bib	Name	姓名	OfficialTime	ChipTime	Remark
8	8KM Speed Run - Male Aged 60 or above	1883	Tang Wai Lok	鄧偉樂	0:46:42	0:45:25	
9	8KM Speed Run - Male Aged 60 or above	1856	Lee Man Kit		0:46:52	0:46:25	
10	8KM Speed Run - Male Aged 60 or above	1862	Chu Kwok Wah	朱國華	0:47:07	0:45:31	
11	8KM Speed Run - Male Aged 60 or above	1853	Chan Chi Ying	陳子英	0:48:15	0:48:04	
12	8KM Speed Run - Male Aged 60 or above	1866	Chan Jimmy Chi Ming	陳志明	0:48:55	0:48:42	
13	8KM Speed Run - Male Aged 60 or above	1874	Yip Ka Fai	葉家輝	0:49:51	0:49:09	
14	8KM Speed Run - Male Aged 60 or above	1869	Chau Stephen		0:51:18	0:50:50	
15	8KM Speed Run - Male Aged 60 or above	1843	Wong Hing Lam	黄興林	0:54:21	0:53:19	
16	8KM Speed Run - Male Aged 60 or above	1867	Tam Tak Kuen		0:54:55	0:54:21	
17	8KM Speed Run - Male Aged 60 or above	1865	Tam Chu Shing	譚柱成	0:55:01	0:53:30	
18	8KM Speed Run - Male Aged 60 or above	1864	Wu Siu Tung		0:55:02	0:53:32	
19	8KM Speed Run - Male Aged 60 or above	1857	Tang Yau Choi	鄧有財	0:55:05	0:54:51	
20	8KM Speed Run - Male Aged 60 or above	1875	Chu John		0:55:20	0:54:56	
21	8KM Speed Run - Male Aged 60 or above	1844	Cheung Kam Chi	張錦志	0:57:03	0:56:50	
22	8KM Speed Run - Male Aged 60 or above	1885	Wong Lui Keung	黃磊強	0:59:09	0:59:04	
23	8KM Speed Run - Male Aged 60 or above	1851	Wong Pui Wing	黃沛榮	0:59:20	0:59:13	
24	8KM Speed Run - Male Aged 60 or above	1860	Au Yeung Hung Simon	歐陽雄	1:00:20	0:58:25	
25	8KM Speed Run - Male Aged 60 or above	1872	Tsang Hing Keung	曾慶強	1:00:42	1:00:23	
26	8KM Speed Run - Male Aged 60 or above	1854	Ng Ka Chun Tom	伍家俊	1:01:18	1:00:40	
27	8KM Speed Run - Male Aged 60 or above	1879	Wong Hung Cheung	黃鴻章	1:03:16	1:02:50	
28	8KM Speed Run - Male Aged 60 or above	1880	Yiu Kam Pang		1:04:48	1:04:03	
29	8KM Speed Run - Male Aged 60 or above	1863	Leung Simon	梁志華	1:05:44	1:05:09	
30	8KM Speed Run - Male Aged 60 or above	1884	Mui Ngok Kwai	梅蕚貴	1:06:44	1:06:31	
31	8KM Speed Run - Male Aged 60 or above	1886	Chung Ning Ming	鍾寕明	1:08:56	1:08:38	
32	8KM Speed Run - Male Aged 60 or above	1873	Wong Siu Cheong	黃肇昌	1:14:18	1:14:13	
33	8KM Speed Run - Male Aged 60 or above	1877	Lai Yan Kwong	黎恩光	1:15:43	1:15:31	
34	8KM Speed Run - Male Aged 60 or above	1842	Wong Kwok Wah	黃國華	1:27:54	1:25:51	
DNF	8KM Speed Run - Male Aged 60 or above	1878	Lee Kwok Wah	李國華			