Date: 15th September 2024 (Sunday)

### 8KM Speed Run - Female Aged 16-19

Position	Category	BIB	Name	姓名	OfficialTime
1	8KM Speed Run - Female Aged 16-19	2001	Yau Cheuk Yin	邱焯然	0:37:26
2	8KM Speed Run - Female Aged 16-19	2006	Law Yi Lam	羅倚霖	0:44:49
3	8KM Speed Run - Female Aged 16-19	2009	Chui Lok Yee	崔樂儀	0:45:37

### 8KM Speed Run - Female Aged 20-29

Position	Category	BIB	Name	姓名	OfficialTime
1	8KM Speed Run - Female Aged 20-29	2100	Chan Ho Tsun		0:33:47
2	8KM Speed Run - Female Aged 20-29	2021	Tso Stephanie		0:34:42
3	8KM Speed Run - Female Aged 20-29	2090	Ma Hiu Ying	馬曉瑩	0:35:32

Date: 15th September 2024 (Sunday)

#### 8KM Speed Run - Female Aged 30-39

Position	Category	BIB	Name	姓名	OfficialTime
1	8KM Speed Run - Female Aged 30-39	2169	Wong Mei Yan		0:32:52
2	8KM Speed Run - Female Aged 30-39	2290	Leung Lok Man Coco		0:34:17
3	8KM Speed Run - Female Aged 30-39	2148	lu Wing Han		0:38:01

### 8KM Speed Run - Female Aged 40-49

Position	Category	BIB	Name	姓名	OfficialTime
1	8KM Speed Run - Female Aged 40-49	2471	Ng Man King		0:35:48
2	8KM Speed Run - Female Aged 40-49	2450	Leung Ka Man	梁家敏	0:38:07
3	8KM Speed Run - Female Aged 40-49	2325	Zhang Yan	張燕	0:39:33

#### 8KM Speed Run - Female Aged 50 or above

Position	Category	BIB	Name	姓名	OfficialTime
1	8KM Speed Run - Female Aged 50 or above	2586	Wong Sammy		0:33:30
2	8KM Speed Run - Female Aged 50 or above	2495	Tang Qinying	湯勤英	0:39:43
3	8KM Speed Run - Female Aged 50 or above	2555	Wong Winghan	王詠嫺	0:40:19

Date: 15th September 2024 (Sunday)

### 8KM Speed Run - Male Aged 16-19

Position	Category	BIB	Name	姓名	OfficialTime
1	8KM Speed Run - Male Aged 16-19	1003		郭偉倫	0:31:19
2	8KM Speed Run - Male Aged 16-19	1021		黃卓謙	0:31:40
3	8KM Speed Run - Male Aged 16-19	1016		鄭思哲	0:33:16

### 8KM Speed Run - Male Aged 20-29

Position	Category	BIB	Name	姓名	OfficialTime
1	8KM Speed Run - Male Aged 20-29	1037		謝浩賢	0:29:18
2	8KM Speed Run - Male Aged 20-29	1115	Yeung Ho Yan	楊浩恩	0:29:47
3	8KM Speed Run - Male Aged 20-29	1060	Chan Ming Chun	陳銘真	0:31:27

Date: 15th September 2024 (Sunday)

### 8KM Speed Run - Male Aged 30-39

Position	Category	BIB	Name	姓名	OfficialTime
1	8KM Speed Run - Male Aged 30-39	1351	Hui Man Lung	許文龍	0:30:36
2	8KM Speed Run - Male Aged 30-39	1145	Lee Kwok Shing		0:31:09
3	8KM Speed Run - Male Aged 30-39	1253	Lau Kai Chung		0:31:46

### 8KM Speed Run - Male Aged 40-49

Position	Category	BIB	Name	姓名	OfficialTime
1	8KM Speed Run - Male Aged 40-49	1627	Lau Yiu Fun Jonathan	劉耀勳	0:29:27
2	8KM Speed Run - Male Aged 40-49	1660	Chan Ka Leung	陳家樑	0:30:55
3	8KM Speed Run - Male Aged 40-49	1628	Tse Chun Hung	謝振雄	0:31:35

Date: 15th September 2024 (Sunday)

#### 8KM Speed Run - Male Aged 50-59

Position	Category	BIB	Name	姓名	OfficialTime
1	8KM Speed Run - Male Aged 50-59	1812	Lee Wai On	李偉安	0:32:07
2	8KM Speed Run - Male Aged 50-59	1775	Lui Tony	呂振強	0:33:13
3	8KM Speed Run - Male Aged 50-59	1741	Wong Sze Chun	黃斯俊	0:33:28

### 8KM Speed Run - Male Aged 60 or above

Position	Category	BIB	Name	姓名	OfficialTime
1	8KM Speed Run - Male Aged 60 or above	1849	Pun Siu Kai		0:39:32
2	8KM Speed Run - Male Aged 60 or above	1876	Chan Chi Ming	陳志明	0:40:31
3	8KM Speed Run - Male Aged 60 or above	1881	Chiang Wing On	蔣永安	0:41:18